

Avalanches are part of life in the mountains, an integral piece of the winter cycle. Anytime snow and steep slopes are combined, avalanche potential results. If you wish to travel through backcountry terrain that is exposed to avalanches, you must accept that you're taking a risk. You need to understand these risks before taking them, and the information included here will help give you a better sense of the type of trip you are planning.

The avalanche forecast provides ratings of avalanche danger that are based on the snowpack conditions, which change regularly with the weather – from day to day, or even hour to hour. Terrain however, doesn't change much. The angle and shape of the ground, or the number of established avalanche paths won't vary from day to day. By using the Avalanche Terrain Exposure Scale (ATES), you can begin to measure your skills, experience and risk tolerance against the landscapes through which you choose to travel.

AVALANCHE TERRAIN RATINGS AND AVALANCHE
FORECASTS MUST BE USED TOGETHER FOR EVALUATING
HAZARDS AND MANAGING PERSONAL RISK IN THE
BACKCOUNTRY.

Également offert en français









Do I still need to read to the avalanche bulletin every day?

Absolutely - terrain is only part of the picture. When the avalanche danger is "High", you should select conservative terrain. Alternatively, when the danger is "Low", this might be the time to consider that next level of terrain you have been contemplating. The two must be used together for understanding the big picture of how to manage your risk in the backcountry. Daily avalanche information is available at Park Visitor Centres, or at www.parksmountainsafety.ca

When should I use this system?

These ratings are intended to supplement pre-trip planning material. This means reading guidebooks, studying maps and photos, talking to friends, checking weather and avalanche conditions, and referring to the ATES ratings while planning the trip. All of these resources together will give you a better sense of the route you are choosing.

How do I use the scale?

The list of rated trips represents the most common destinations in the Mountain National Parks. Don't use this scale alone – you'll need additional material to learn about the trip you are proposing. The following guidebooks are recommended:

- 1. Summits & Icefields, Columbia Mountains by Chic Scott & Mark Klassen
- 2. Summits & Icefields, Canadian Rockies by Chic Scott & Mark Klassen
- 3. Ski Trails in the Canadian Rockies by Chic Scott
- 4. Ski Touring in Rogers Pass by J.P. Kors, John Kelly & Eric Dafoe

These publications are widely available at local mountain specialty stores. For further information on specific trips visit any Parks Canada information centre in the Mountain National Parks – or check with a local professional guide service.

How much experience do I need for these trips?

Simple (Class 1) terrain requires common sense, proper equipment, first aid skills, and the discipline to respect avalanche warnings. Simple terrain is usually low avalanche risk, ideal for novices gaining backcountry experience. These trips may not be entirely free from avalanche hazards, and on days when the avalanche danger is rated "High" or "Extreme", you may want to re-think any backcountry travel that has exposure to avalanches – stick to groomed x-country trails, or within the boundaries of a ski resort.

Challenging (Class 2) terrain requires skills to recognize and avoid avalanche prone terrain – big slopes exist on these trips. You must also know how to understand avalanche forecasts, perform avalanche self rescue, basic first aid, and be confident in your routefinding skills. You should take an Avalanche Skill Training Level 1 course before traveling in this type of terrain. If you are unsure of your own, or your group's ability to navigate through avalanche terrain - consider hiring a professional, ACMG certified guide.

Complex (Class 3) terrain demands a strong group with years of critical decision making experience in avalanche terrain. There can be no safe options on these trips, forcing exposure to big slopes. A recommended minimum is that someone in your group should have taken an Avalanche Skills Training Level 2 course, and has several years of backcountry experience. Be prepared! Check the avalanche forecast regularly, and ensure everyone in your group is up for the task and aware of the risk. This is serious country - not a place to consider unless you're confident in the skills of your group. If you are uncertain - consider hiring a professional, ACMG certified quide.

Disclaimer

There are inherent risks in backcountry travel, and most of the routes described here will at times be unsafe due to potential snow avalanches. The Parks Canada Agency has done its best to provide accurate information and to describe the terrain characteristics typical of each general region. However, it is up to the users of this information to learn the necessary skills for safe backcountry travel, access additional trip planning materials, and to exercise caution while traveling through the backcountry in any national park.

Users of this information do so entirely at their own risk, and the Parks Canada Agency disclaims any liability for injury, injury resulting in death or damage to anyone undertaking a trip into any of the regions described. This information is no substitute for experience and good judgment.

Avalanche Terrain Exposure Scale (ATES)

Description	Class	Terrain Criteria
Simple	1	Exposure to low angle or primarily forested terrain. Some forest openings may involve the runout zones of infrequent avalanches. Many options to reduce or eliminate exposure. No glacier travel.
Challenging	2	Exposure to well-defined avalanche paths, starting zones or terrain traps; options exist to reduce or eliminate exposure with careful routefinding. Glacier travel is straightforward but crevasse hazards may exist.
Complex	3	Exposure to multiple overlapping avalanche paths or large expanses of steep, open terrain; multiple avalanche starting zones and terrain traps below; minimal options to reduce exposure. Complicated glacier travel with extensive crevasse bands or icefalls.

SIMPLE - CLASS 1

Banff National Park

Baker Creek

Baker Creek powerline

Bath Creek – 7 km from Hwy 1

Bow Riverside loop

Brewster Creek to Sundance Lodge

Bryant Creek

Cascade Fire Road

Cave and Basin trails

Fairview loop

Glacier Lake

Goat Creek

Great Divide Trail

Healy Creek - Sundance to SSV road

Johnston Creek to Inkpots

Lake Louise shoreline trail

Merlin Vallev from Skoki

Minnewanka lakeshore

Morain Lake road trackset

Mosquito Creek to MO5 Natural Bridge from Skoki

Pharoah Creek

Pipestone trails

Redearth Creek

Skoki via Boulder/Deception Passes

Skoki via Pipestone River

Spray River Trail

Sulphur Mountain backside trail

Sulphur Mountain trail under gondola

Sundance Pass

Telemark trail

Tower Lake

Tramline trail

Twin Lakes from Hwv 1

Upper Lake Louise nordic trails

Jasper National Park

Astoria River to Tonquin/WH hut

Athabasca Falls loops

Athabasca Falls/Meeting of the Waters Bald Hills Lookout trail - to hitching rail

Cabin Lake fire road

Edith Cavell road - to hostel

Lorraine and Mona Lakes trail (to Evelvn

Creek camparound)

Marjorie and Caledonia Lake

Mina Lake loop

Moab Lake

Moose Lake trail

Palissades Lookout

Patricia Lake loop

Poboktan Creek

Pvramid-Bench loop

Shangri-La to Snowbowl only

Stutfield Creek (valley flats only)

Summit Lakes/Jacques Lake

Sunwapta Falls/Athabasca River

Valley of the Five Lakes/Wabasso Lakes Whistlers campground loop

Kootenay National Park

Chickadee Valley (valley bottom only)

Dog Lake Dolly Varden

East Kootenav Hector Gorge

Simpson River (to KNP boundary)

West Kootenay

Yoho National Park

Chancellor Peak Camparound

Emerald Lake designated nordic trails

Field to Emerald Lake nordic trail

Ice River fire road

Kicking Horse trail

Lake O'Hara circuit (avoid the north shorline)

Lake O'Hara road to EP hut

Morning Glory Lakes

Ross Lake circuit

Sherbrooke Lake (to lake only)

Wapta Falls

Yoho Valley road trackset

Glacier National Park

Beaver River

Rogers Pass ski hill (forest cuts behind hotel) Wheeler Hut approach and vicinity

Mt. Revelstoke National Park

2km & 5km loop trails **Inspiration Woods**

Lindmark trail to Parkway intersection Meadows in the Sky Parkway

Summit Trail to 8 Mile Crossing

Waterton Lakes National Park

Akamina Pass

Akamina Pass to Forum Lake

Bear's Hump trail

Cameron Lake trail to lake only

Crandel Lake

Dipper

Wishbone

CHALLENGING - CLASS 2

Banff National Park

Boom Lake

Bow hut to Balfour hut via Nic/Olive col.

Crowfoot Pass

Diablaret Glacier

Gibbon Pass

Haiduk Lake via Shadow Lake

Healy Creek - SSV to Healy Pass

Hilda Ridge

from ski area

Mt. Gordon (YNP)

Mt. Rhonda South

Mt. Thompson

Observation subpeaks

Skoki Mountain loop

Sunshine Village backcountry accessed from

West Nile

Jasper National Park

Amethyst Lakes/Moat Lake

Fraser Glacier

Maccarib Pass to Tonquin

Maligne Pass

Skyline Trail

The Brazeau Icefield Whistlers Creek

Opabin Plateau

Castlegard Mt.

Cirque Peak

Elk Lake Summit

Hidden Bowl region

Lake Louise resort backcountry accessed

Mt. Olive

Paradise Valley

Saskatchewan glacier

Athabasca Glacier to first icefall

Little Shovel Pass

ski area

Yoho National Park

Kiwetinok Pass

Bow Summit area

Forty Mile Creek

Fossil Mountain loop

Katherine/Helen Lake circuit

Parker Ridge

Peyto hut to Bow hut

Sunshine to Healy Creek

ski area

Bald Hills area

Fryatt Creek

Marmot Basin backcountry accessed from

Shangri-La past Snowbowl

Wilcox Pass

Amiskwi Fire Road

McArthur Pass Odaray Plateau

Ottertail Valley Fire Road Glacier National Park

Avalanche Crest - to treeline

Cheops Glades

Flat Creek valley trail

Grizzly Shoulder

Hermit Meadows McGill Shoulder

Sifton Col The Hourglass

Mt. Revelstoke National Park

Balsam Lake to Eva & Miller Lakes Balsam Lake to Mt Revelstoke Summit Lindmark Trail above Parkway Intersection Summit Trail above 8 Mile Crossing Woolsey Creek Road

Waterton Lakes National Park

Akamina Pass to Wall Lake

Bertha Lake Forum Ridge Lakeshore

Summit Knob to Boundary Creek Summit Knob to Cameron Lake

Summit Lake

COMPLEX - CLASS 3

Banff National Park Balfour to Scott Duncan Huts

Bath Glacier exit to Hwy 1 Bonnet Icefield

Bow Hut approach Castle Mt. - to summit

Ball Pass

Cirrus Mountain Crowfoot Mt. Dolomite Peak circuit

Drummond Icefield Hector Lake Wapta access

Mike Wynn circuit Mt. Baker Mt. Balfour

Mt. Hector

Mt. Mistaya

Mt. Wilson

Ovster Lake

Mt. Coleman Mt. Fairview

Mt. Jimmy Junior Mt. Jimmy Simpson

Mt. Niblock via Divide Creek Mt. Patterson Mt. Rhonda North

Mystic Pass Observation Peak (summit)

Packers Pass Pat Sheehan Traverse

Plain of Six Glaciers trail Ptarmigan Peak Pulpit Peak area

Pevto Glacier approach

Pumpkin Traverse Surprise Pass

White Pyramid

Jasper National Park

Athabasca Glacier past first icefall

Diadem Creek

Mt. Columbia Mt. Kitchener

North Twin Snow Dome South Twin

Stutfield Peak

Tokkum Creek

Kootenay National Park

Chickadee Valley - above valley bottom Stanley Glacier Valley Storm Mt.

Yoho National Park

Emerald Pass Emerald Peak/Slide Path Isolated Col

Little Yoho Valley approach

Mt. Cathedral Mt. Collie

Mt. McArthur

Schaefer Basin

Yoho Traverse

Mt. Des Poilus Mt. Field

Opabin/ Wenkchemna circuit Popes Peak President Pass

Scheisser/Lomas route

Glacier National Park

Sherbrook Lake Wapta access

3 Pass Traverse 8812 Bowl

Asulkan Pass Asulkan Valley Practice Slopes Avalanche Crest bowl/slidepath

Asulkan Hut/Tree Triangle

Bonney Glacier **Bruins Pass** Cougar Valley

Dome Glacier

Glacier Circle

Balu Pass

Flat Creek slidepaths Fortitude

Grizzly/Little Sifton Traverse

McGill Bowl - McGill Pass

Illecillewaet Practice Slopes

Illecillewaet Neve access

Mt. Rogers Mt. Swanzy

Lily Glacier

Lizards Tail

Lookout Col

Mt. Tupper Traverse NRC Gullies

Perlev Rock Sapphire Col

Smart Ridge Steps of Paradise - Youngs Pk

Terminal Peak The Cone

The Mouse Trap The Ravens Ursus Major

Ursus Trees Vaux Moraines/Sir Donald/Uto Col

Vent Shaft slopes Video Peak

Youngs Pk via Illecillewaet

Mt. Revelstoke National Park Hamilton Creek Upper Meadows Clachnacudain Creek

Clachnacudain Creek east fork

Woolsev Glacier- Coursier Peak

Saint Syr Creek Coursier Creek

Clachnacudain Glacier-Inverness Peaks Mount Klotz above treeline West Woolsey Creek

Maunder Creek

Rowe Lake

Alderson-Carthew Lineham Lake Rowe Bowl/Peak (CV 13)

Waterton Lakes National Park Akamina Lake Chutes (The Fingers)

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