



Discover

Parks Canada



Lower Fort Garry National Historic Site



Parks
Canada

Parcs
Canada

Canada



PARKS CANADA IN THE
**CANADIAN
PRAIRIES**
AT A GLANCE



19
NATIONAL
HISTORIC
SITES



4
NATIONAL
PARKS

ONE OF THE
WORLD'S LARGEST **POLAR
BEAR DENNING SITES**



1ST RECORDED FIND
OF **DINOSAUR
REMAINS
IN CANADA**



60+ RED CHAIRS
#SHARETHECHAIR

BE INSPIRED!
DISCOVER.
CONNECT.
PROTECT.



Riel House National Historic Site



Riding Mountain National Park



Motherwell Homestead National Historic Site

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WELCOME!

Discover a land of adventures when you explore Canada's history and wide-open spaces across the prairies.

Come for a day trip, or take a look at our itineraries and book a vacation to remember.

Learn more about how we're working hard to fight climate change and discover how you can become a 'citizen scientist' and help protect biodiversity.


Memories await.

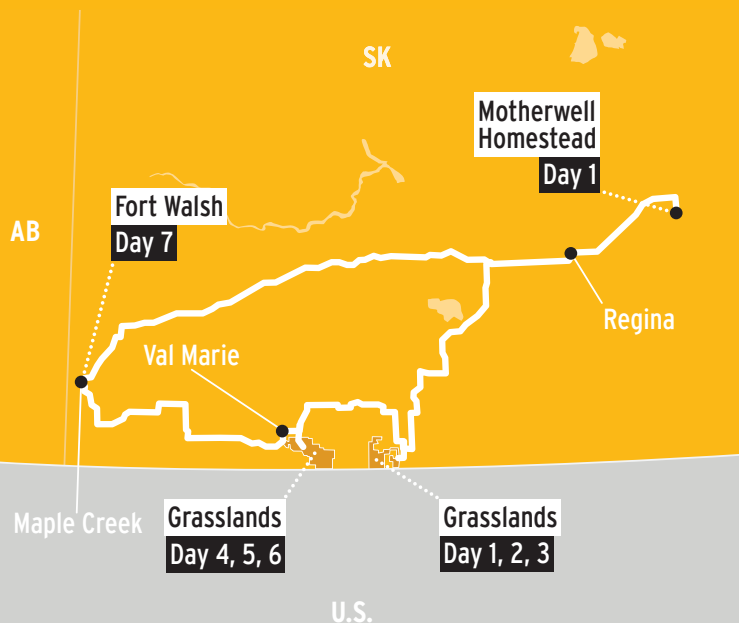
7-DAY
ITINERARY

THE RHYTHM OF THE PRAIRIES

 FROM REGINA TO FORT WALSH

 **ROUNDRIP**
1 310 km

 **LOCATIONS**
Grasslands National Park
Motherwell Homestead and Fort Walsh
National Historic Sites




Grasslands National Park

DAY 1

MOTHERWELL HOMESTEAD Abernethy, 110 km from Regina

Step into the past and see what life in the prairies was like at the end of the 19th century.

Explore the homestead and farm of W.R. Motherwell, see the way crops were harvested and animals were raised back when European settlers first arrived in Saskatchewan. Go for a scenic walk through the fields to reach a beautiful wetland area. Bring along a packed lunch to turn it into a picnic!

 **Tipi,**
Rock Creek campground,
Grasslands East Block,
390 km from Abernethy

DAY 2

GRASSLANDS, EAST BLOCK

Saddle up and spend the day with a local tour operator to explore the wide open fields of the Grasslands, or take your own horse and experience the solitude of the prairies.

At night, gaze up into the sky as you listen to the sound of prairie nights and watch as thousands of stars appear in this Dark Sky Preserve.

 **Tipi,**
Rock Creek campground

DAY 3

Hit the trails again, this time on your own 2 feet. Go at your own pace as you take the time to discover the little things that make the prairies so spectacular. Then, take a step back and look at the bigger picture, as you cruise along the Badlands Parkway.

 **Tipi,**
Rock Creek campground



Grasslands National Park

PLAN
YOUR VISIT AT
[PARKSCANADA.GC.CA/VISIT](https://parksCanada.gc.ca/visit)
AND DISCOVER
OTHER ITINERARIES



Motherwell Homestead National Historic Site | ©Parks Canada/Greg Huszar Photography



Fort Walsh National Historic Site | ©Parks Canada/Greg Huszar Photography

DAY 4

GRASSLANDS, WEST BLOCK

Val Marie,
150 km from Wood Mountain

Stop at the visitor centre to learn about the history and importance of the Grasslands. See unearthed arrow heads and run your hand along the hide of a bison.

Spend the afternoon exploring the Ecotour Scenic Drive. Keep an eye out for roaming bison and some of the rarest wildlife in Canada.

 oTENTik,
Frenchman Valley campground

DAY 5

Venture out into the wild and spend the day following one of the many trails through the region. Stop to smell the wildflowers and listen for the call of prairie dogs as you walk among the windswept prairie grasses.

 oTENTik,
Frenchman Valley campground

DAY 6

Explore the Frenchman River up close and personal, taking a guided kayak tour up the winding waterway.

 oTENTik,
Frenchman Valley campground

DAY 7

FORT WALSH

Maple Creek, 230 km from Val Marie

Experience life in the frontier: watch a demonstration of North West Mounted Police and their horses before having lunch in the middle of the historic fort.

Take a tour of the site where the Cypress Hills Massacre happened, then watch in awe as historic weapons are fired. Enjoy flavours of the past at the cook tent.

Return to Regina, 430 km

**3-DAY
GETAWAY**

HISTORIC ROOTS TO HIKING BOOTS

 **FROM WINNIPEG TO WASAGAMING**

 **ROUNDRIP**
620 km

 **LOCATIONS**
Riding Mountain National Park
The Forks and Lower Fort Garry National Historic Sites



Riding Mountain National Park

DAY 1

THE FORKS

Start your day in the heart of Winnipeg!

Through curious objects and colourful characters, the history of this fur trade hub and First Nations meeting place comes to life. Go on a guided tour and hear stories of those who lived and traded here.

LOWER FORT GARRY

St. Andrews, 30 km from Winnipeg

Continue your journey with a trip to the 1850s as you visit Lower Fort Garry in the midst of the fur trade. Meet trappers and traders of the Hudson's Bay Company, listen to First Nations stories, roll up your sleeves and challenge yourself to some fort tasks!

DAY 2

RIDING MOUNTAIN

Wasagaming, 280 km
from Winnipeg

Cool off at the main beach, Clear Lake, nestled against the town of Wasagaming. Pick up a refreshing treat like gelato or an ice cream sandwich in town. Afterwards, wander down the South Lake trail to find a set of Red chairs to kick back in for the evening.

 **MicrOcube,
Wasagaming campground**

DAY 3

Lace up your hiking boots and head deep into the beating heart of endless forests, grasslands and lakes. Enjoy the natural beauty of the prairies along more than 400 km of trails; venture out to Grey Owl's historic cabin, cruise down the rolling Bald Hill trail or test yourself on the rugged Reeve's Ravine trail. Maybe even try something different and hit the trails on a fat bike!

Return to Winnipeg, 280 km



CONSERVING FOR THE FUTURE

THE CHALLENGE

How can we re-populate the plains with bison?

Prior to European settlement, the prairies were home to millions of free-roaming bison, but by the 1880s this magnificent beast had been hunted to near global extinction.

THE RESULT?

Today, there are some 450 bison thriving and playing an essential role in reshaping the ecology of the prairies.



A STEP IN THE RIGHT DIRECTION

Back in December 2005, Parks Canada introduced a herd of 71 Plains Bison from Elk Island National Park to Grasslands National Park.



GET INVOLVED NOW IT'S YOUR TURN

FOSSIL FEVER EVENT

Got the fever? *Fossil Fever?* An exclusive opportunity to dig for a day with Royal Saskatchewan Museum Palaeontologists. Learn their techniques, help uncover and cast fossils, and discover the history of the 65.5 million-year-old dinosaur fossils found beneath the earth.

Grasslands National Park p. 11

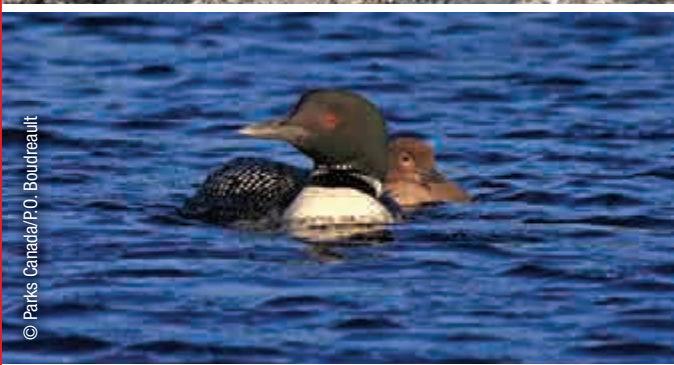
GRAB YOUR BINOCULARS

Lend a biologist a helping hand! Watch out for loons and their young on lakes in the park and keep note of your observations. Your efforts will help strengthen the Canadian loon population as well as monitor the health of the ecosystem.

Prince Albert National Park p. 11

RECORD YOUR NATURE OBSERVATIONS

Use the iNaturalist mobile app to record your plant or animal observations—anytime, anywhere. Every observation contributes to our knowledge of biodiversity.



© Parks Canada/P.O. Boudreau



STAYING THE NIGHT?

WE'VE GOT YOU COVERED

**DON'T
MISS OUT**

[PARKSCANADA.GC.CA/ACCOMMODATIONS](https://parksCanada.gc.ca/accommodations)

RESERVE TODAY!



FROM
\$21.05
PER NIGHT

TENT AND RV CAMPING

Stay close to nature at one of our wonderful campsites—at your preferred comfort level.

Available in Riding Mountain, Grasslands and Prince Albert National Parks; and York Factory National Historic Site.



FROM
\$10
PER PERSON
PER NIGHT

BACKCOUNTRY CAMPING

The ultimate overnight adventure: just you, your tent and the great outdoors—far from the beaten path.

Available in Riding Mountain, Grasslands and Prince Albert National Parks.



FROM
\$92
PER NIGHT

oTENTik

The perfect mix of tent and A-frame cabin comes together in our oTENTik with its raised floors and cosy beds; great for campers who want a little extra comfort in the wild.

Available in Riding Mountain, Grasslands and Prince Albert National Parks.



FROM
\$92
PER NIGHT

YURT

Live life without corners in a circular yurt! This traditional dwelling of Central Asian nomads is just right for a night of camping with a dash of homelike comfort.

Available in Riding Mountain National Park.



FROM
\$92
PER NIGHT

MICROCUBE

Get super-cosy in a MicroCube, the designer way to score a window over the wilderness, while sleeping with a roof over your head and a floor beneath your feet.

Available in Riding Mountain National Park.



FROM
\$21.⁹⁵
PER NIGHT
PER TRAILER

HISTORIC STAY: EQUESTRIAN CAMPING

Immerse yourself in one of Canada's national treasures with a very special overnight stay in truly historic surroundings.

Available in Grasslands National Park.



FROM
\$46
PER NIGHT

TIPI

Traditional nomadic home of the Plains peoples, sleep soundly under the canvas, your dreams following the path of your tipi poles which connect the earth to the sky.

Available in Grasslands National Park.



STAFF FAVOURITES

Get the inside scoop on the very best way to enjoy our parks and sites from Parks Canada pros!



Roxanne

Resource
Management Officer

OAK RIDGE TRAIL

One of my favorite spots in **Riding Mountain National Park** is the Oak Ridge Trail. It's a unique landscape around Scott Creek with oak trees and ferns. It's so refreshing to dip your feet in the creek after the hike! This is different than any other trail in the park and it feels like you're in a "fantasy world" with the ferns and over-hanging trees!



Tony

Marketing Assistant

THE BLACKSMITH

Walking through **Lower Fort Garry National Historic Site**, the clanging of metal always draws my attention towards the blacksmith's. It's fascinating to hear about the role of blacksmiths on the frontier and the challenges they faced. I could spend hours watching the hammer shape scrap metal into sturdy nails.





BANKS OF THE RIVER

There's nothing nicer than looking down into the South Saskatchewan River valley with the clouds rolling by up above. While many visitors explore **Batoche** National Historic Site for its rich history and culture, I love going on a quiet walk along the banks of the river to visit the Caron home.

Adam

Special Events
Coordinator



BORDERLANDS VIEWPOINT

One of my hidden gems at **Grasslands** National Park, the Borderlands viewpoint, is a beautiful and unique spot that can even be seen from the Red chairs at Molstead. The hike there is a backcountry trail that's impassable when wet, so make sure to plan ahead and come prepared for the remoteness of the area. But that's what makes it special!

Shauna

Interpretation
Coordinator



HEART OF THE CITY

The Forks is truly the beating heart of Winnipeg—and one of my favourite places in the city. Any day of the year you can find old friends catching up over coffee, first dates walking hand-in-hand down the river walk, and big families coming together for a delicious meal.

Emily

Promotion
Officer



NIGHT SKY AT KINGSMERE LAKE

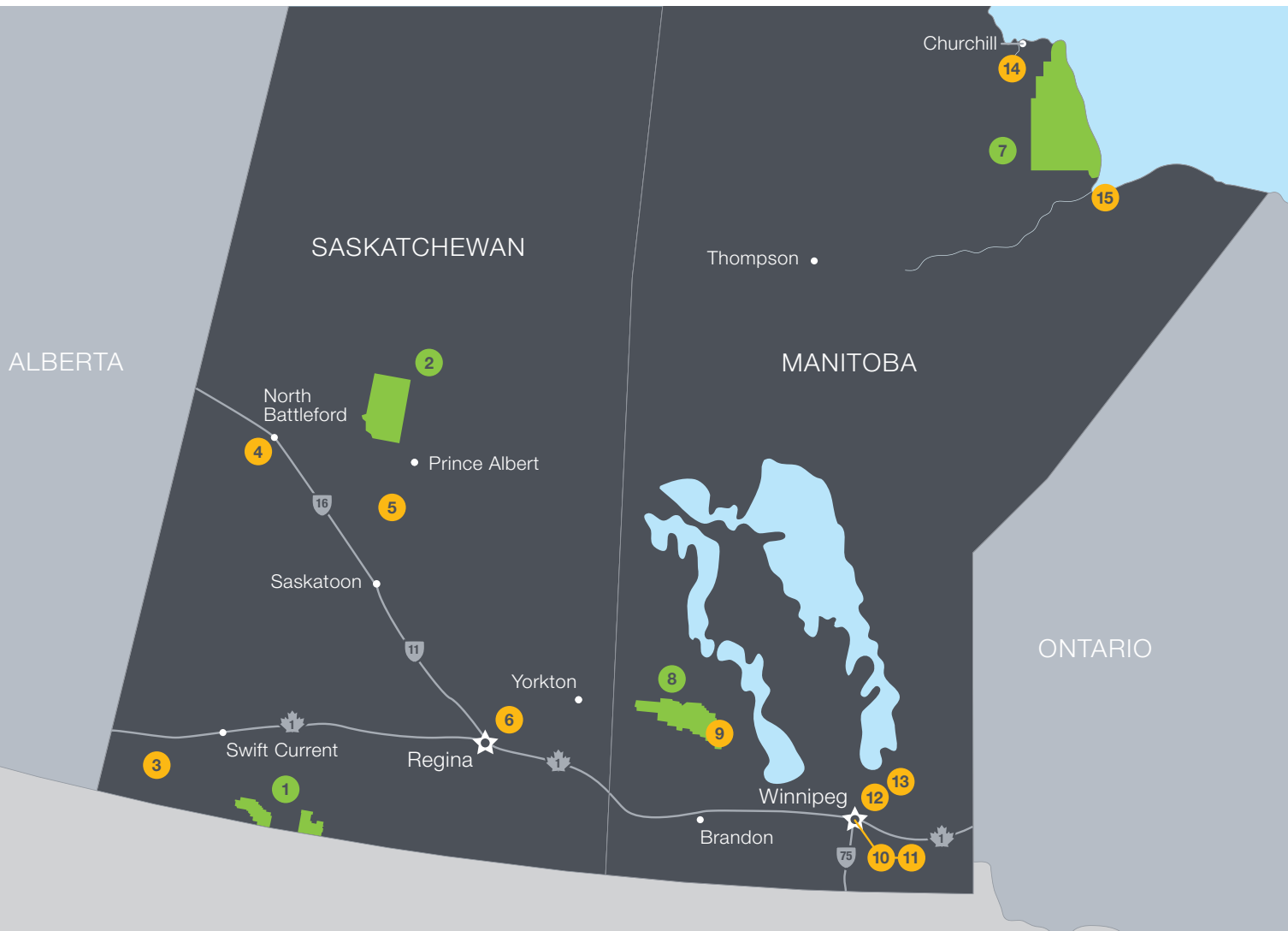
I looked up and a million stars shattered the moonless night. The snow on Kingsmere Lake shone under their glitter. There is no such thing as real darkness – only a different way of seeing. **Prince Albert** National Park in the dark is waiting to share its precious gems.

Colleen

Interpretation
Coordinator

DIRECTORY

CANADIAN PRAIRIES



● National Park ● National Historic Site

SERVICES

- Access for persons with reduced mobility
- Restaurant
- Gift shop
- Picnic area/Shelter
- Playground
- Wi-Fi (in certain areas only)
- Equipment rental (varies by site)

ACCOMMODATION

- Camping
- Recreational vehicle
- oTENTik
- Microcube
- Historic stay
- Yurt
- Tipi
- Cabin

ACTIVITIES

- Interpretation
- Cycling
- Mountain biking
- Backpacking/Hiking
- Birdwatching
- Marine mammals
- Beach
- Canoeing/Kayaking
- Motorboating
- Fishing
- Scuba diving
- Horseback riding
- Golfing
- Tennis
- Winter activities
- Hot Springs
- Dark-Sky Preserve
- Xplorers activities
- Photo Missions app
- Red chairs



13 Lower Fort Garry

Where Treaty No. 1 was made with the Saulteaux and Swampy Cree First Nations people and the Crown.

DON'T MISS

- Experience the Fort this summer with hands-on heritage workshops and new evening events.



St. Andrews – 25 km from Winnipeg
204-785-6050 | parksCanada.gc.ca/fortgarry
@ParksCanadaMB | #LowerFortGarry



14 Prince of Wales Fort

A key site in the 18th-century French-English rivalry for control of the territory around Hudson Bay.

DON'T MISS

- Hike along the bedrock, beach front and old ox cart trail from Sloop Cove to Prince of Wales Fort
- Take a guided tour of Cape Merry Battery and experience panoramic views of the wildflowers, wildlife, and the Hudson Bay.



Churchill | 204-675-8863
parksCanada.gc.ca/princewalesfort
@ParksCanadaMB | #PrinceofWalesFort



15 York Factory

The Hudson's Bay Company's major trading and administration centre for over 3 centuries.

DON'T MISS

- Time-travel through fur-trade history on a self-guided tour.
- Explore the Great Depot building's rooms filled with cannon balls, fine china, and thousands of other artifacts.



Churchill | 204-675-8863
parksCanada.gc.ca/yorkfactory
@ParksCanadaMB | #YorkFactory



Discover Parks Canada!

Your **Discovery Pass** provides admission for a full year to Parks Canada places from coast to coast to coast.

Start planning your adventure!

Adult (Ages 18 to 64)	\$69.19
Senior (Ages 65+)	\$59.17
Youth (Ages 0 to 17)	FREE
Family/Group	\$139.40



450 000 km²
OF MEMORIES

PLAN YOUR VISIT

PARKSCANADA.GC.CA
1-888-773-8888

5 OTHER REGIONS TO DISCOVER

LOOK FOR THESE
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OUR WEBSITE



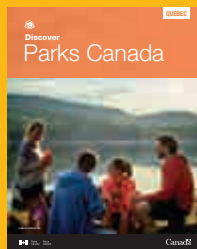
WESTERN CANADA



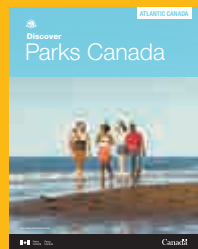
NORTHERN
CANADA



ONTARIO



QUEBEC



ATLANTIC CANADA

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