



Kootenay  
National Park

# Visitor Guide

2025 — 2026

 Paint Pots Trail

Également offert en français



Parks  
Canada


Parcs  
Canada

Canada





Parks Canada respectfully acknowledges that Kootenay National Park is located within the traditional lands of the Ktunaxa and Secwépemc Peoples.

 Marble Canyon

## Columbia Valley Métis Association

Kootenay National Park is an important place for British Columbia Métis based on a history of trade relationships and expeditions. In 1807, when Kootenae House was established as the first trading post in the region, a meeting place between cultures was born. Indigenous Peoples traded skills, furs, salmon and horses for European tools and cooking implements. Legendary explorer David Thompson and his wife Charlotte Small, a Métis woman, used the trading post as a home base.

Local Métis knowledge was central to the success of expeditions. For instance, in 1841 Sir George Simpson of the Hudson's Bay Company hired a Métis guide for the Rockies leg of his trip, further assisted by Métis interpreter Edouard Berland. That same year, Red River Métis James Sinclair led a large group of families through the region.

The legacy of Métis influence is marked by place names in Kootenay National Park: Mount Berland, Sinclair Pass, Sinclair Creek and Mount Sinclair.

To learn more, visit [columbiavalleymetis.ca](http://columbiavalleymetis.ca)

## Ktunaxa Nation

The Ktunaxa (*k-too-nah-ha*), also known as Kootenay, have occupied the lands adjacent to the Kootenay and Columbia rivers and the Arrow Lakes for more than 10 000 years. For thousands of years before settlers arrived, the Ktunaxa harvested flora and fauna in the area now recognized as Kootenay National Park, which lies within Kyawaç ʔamakʔis (Land of the Grouse).

The Traditional Territory of the Ktunaxa encompasses 70 000 km<sup>2</sup> within the Kootenay region of south-eastern British Columbia, and also includes parts of Alberta, Montana, Idaho and Washington.

Ktunaxa stories teach their generations about seasonal migrations that occurred throughout the area, across the Rocky Mountains and on the Great Plains; of war and trade interactions with other Nations; of place names and landmarks; and of lessons and values.

The Ktunaxa language is a language isolate, meaning that it is one of a kind and unrelated to any other language in the world.

To learn more, visit [ktunaxa.org](http://ktunaxa.org)

## Secwépemc Nation

Weyt-k (hello)

The Kenpesq't (*ken-pesk-t*) community, currently known as the Shuswap Band, is part of the Secwépemc (*seck-wep-em*) Nation occupying traditional lands in British Columbia and Alberta.

The Secwépemc People have used the areas now encompassed by Mount Revelstoke, Glacier, Yoho, Banff, Jasper and Kootenay national parks since time immemorial; long before the settlement of non-Indigenous peoples.

Many of the roads driven today are based on travel routes used by Indigenous Peoples for generations; Indigenous guides were used to create the horse trails that evolved into major highways like the Trans-Canada. Anthropological and archaeological evidence, such as the remains of semi-underground dwellings called pit houses or kekulis, can still be found inside park boundaries.


Parks Canada and the Secwépemc Nation continue to foster a better working relationship that informs the management of natural resources, and enhances the visitor experience for those exploring traditional lands.

To learn more, visit [shuswapband.net](http://shuswapband.net)



# Welcome

## to Kootenay National Park

 Dog Lake Loop

- 1 Welcome
- 2 Plan your adventure
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- 11 Stay safe and protect wildlife
- 12 Conservation stories
- 13 Protect park waters
- 14 Mountain safety
- 15 Camping in Kootenay
- 17 Camping in the mountain parks

### So much more than a scenic drive

In 1920, the Government of Canada agreed to build a road connecting the Bow and Columbia valleys. As part of the agreement, the province of British Columbia provided eight kilometres of land on either side of the road for a national park.

The first cars to travel along the new highway bounced over bumps and chugged up steep hills, but according to a 1924 guidebook, “every mile is a surprise and an enchantment.”

A century later, Kootenay National Park continues to surprise and enchant. Visitors can relax in the soothing mineral pools at Radium Hot Springs, stroll through canyons, picnic beside glacial-blue rivers or backpack along one of the Rockies’ most scenic hiking trails. The park’s diverse ecosystems support a variety of wildlife, and Burgess Shale fossils reveal exquisite details about life half a billion years ago.

### A place of global importance

The United Nations Educational, Scientific and Cultural Organization (UNESCO) recognizes four of the national parks – Kootenay, Banff, Yoho and Jasper – as part of the Canadian Rocky Mountain Parks World Heritage Site. The parks are thus protected for the benefit of all nations and the enjoyment of all people.

World Heritage status was awarded based on the stunning landscapes of mountains, glaciers, lakes, waterfalls and canyons, as well as for the incredible soft-bodied remains found at the Burgess Shale fossil sites.



United Nations  
Educational, Scientific and  
Cultural Organization

Organisation  
des Nations Unies  
pour l'éducation,  
la science et la culture



**Canadian Rocky  
Mountain Parks**

• inscribed on the World

• Heritage List in 1984

• **Parcs des montagnes  
Rocheuses canadiennes**

• inscrit sur la Liste du  
patrimoine mondial en 1984



# PLAN YOUR ADVENTURE



Sinclair Canyon

## Your support makes a difference

Entry fees are charged at all national parks. Every time you visit a national park you are investing in its future, and in a legacy for future generations. Pick up your pass at any park gate, visitor centre or staffed campground kiosk.

## Daily entry pass

The daily entry pass is valid in Yoho, Kootenay, Banff, Jasper, Waterton Lakes, Mount Revelstoke and Glacier national parks. Regardless of time of entry, the pass is valid until 4 p.m. the following day.

Adult (18-64)	\$11.00
Senior (65+)	\$9.50
Youth (0-17)	Free
Family/group (2 to 7 people in a vehicle)	\$22.00

## Parks Canada Discovery Pass

This annual pass is valid for 12 months from the date of purchase, expiring on the last day of the month in which it was purchased. It gives you unlimited admission to over 80 Parks Canada administered places across the country.

Adult (18-64)	\$75.25
Senior (65+)	\$64.50
Family/group (2 to 7 people in a vehicle)	\$151.25



## The Kootenay National Park Visitor Centre and gift shop

is located on Main Street East in the village of Radium Hot Springs. 7556 Main Street E.

250-347-9505 | [kootenay.info@pc.gc.ca](mailto:kootenay.info@pc.gc.ca)  
[parks.canada.ca/kootenay](https://parks.canada.ca/kootenay)

  Free Wi-Fi available

### Parks Canada counter hours:

May 1 - Oct. 13, 2025 9 a.m. to 5 p.m.  
Oct. 14, 2025 - April 30, 2026 Closed

Hours of operation are subject to change.

**The Tourism Radium counter and washroom facilities are open year-round.**

Tourism Radium: 1-888-347-9331  
[radiumhotsprings.com](https://radiumhotsprings.com)

## PARKS CANADA IS HIRING

Upgrade your office view! You don't need to be a scientist or a backcountry expert. People with diverse backgrounds and interests are encouraged to apply.



**APPLY NOW!**  
[parks.canada.ca/LLYK-jobs](https://parks.canada.ca/LLYK-jobs)

# Take the pledge

Kootenay National Park has incredible natural and cultural heritage. It is a diverse landscape, a home to wildlife and a place of history.

**We need your help to keep it this way!**

☒ **I will store my food and scented items safely, and never feed wildlife.**

**WHY?** Wildlife need to find their own natural food sources. Feeding wildlife, littering, or leaving scented items or food unattended, attracts them to human use areas. This is very dangerous. Dispose of recycling, trash and food in designated areas. **It is illegal to feed wildlife!**

☒ **I will give wildlife space.**

**WHY?** All wildlife can be dangerous, regardless of their size. Wild animals can lose their natural fear of humans after repeated interactions. If you see wildlife on the road: **Slow down, stay** in your vehicle and **move on**. Chance animal encounters can happen anywhere. Carry bear spray and know how to use it.

☒ **I will protect the lakes and rivers in the park.**

**WHY?** Invasive species are non-native plants, animals and diseases that impact the land and waters of the park. National parks are home to many species at risk that rely on healthy ecosystems for their survival. Help prevent the spread of aquatic invasive species, see page 13.

☒ **I will leave plants, rocks, fossils, antlers and all other natural objects undisturbed.**

**WHY?** Millions of people visit the mountain parks each year. A small act like picking a flower, when multiplied, can have lasting consequences for the ecosystem. To protect these natural and cultural treasures, always walk on marked trails and leave what you find for others to enjoy.

☒ **I will drive carefully and obey speed limits.**

**WHY?** Slow down to prevent deadly collisions with animals. In high risk areas, no stopping zones are used to protect motorists and wildlife. Respect roadside signage, and only park in designated areas to avoid blocking traffic.

☒ **I will keep my dog on a leash and pick up after it.**

**WHY?** To a wild animal, your pet is potentially a predator or prey. Wildlife may flee, endangering themselves or their young. An aggressive response from a wild animal could put you or your pet in danger.

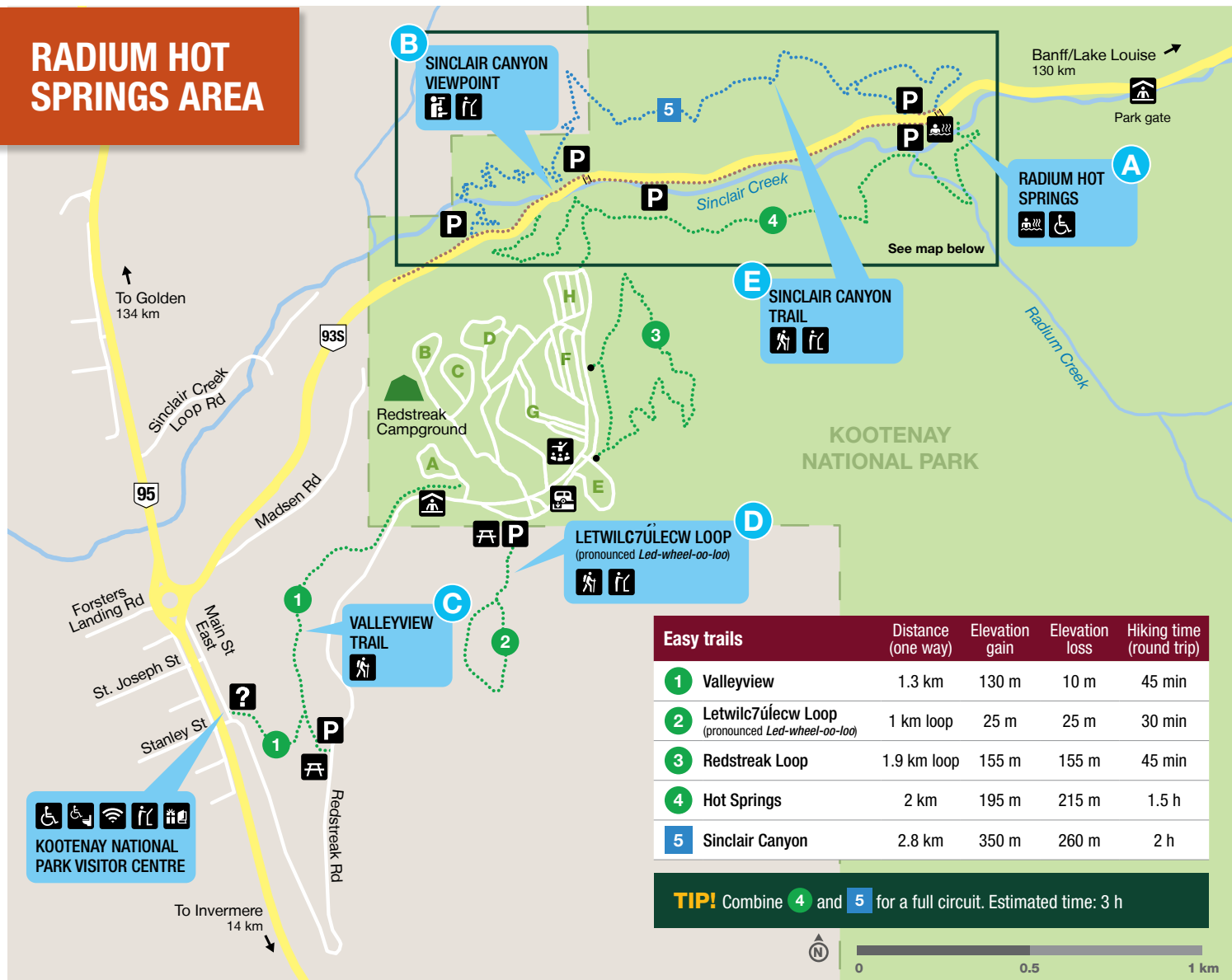
☒ **I will follow park regulations.**

**WHY?** The summer draws a high volume of visitors to the national parks. Please respect regulations for the safety and enjoyment of everyone. To learn about park regulations, see back page.

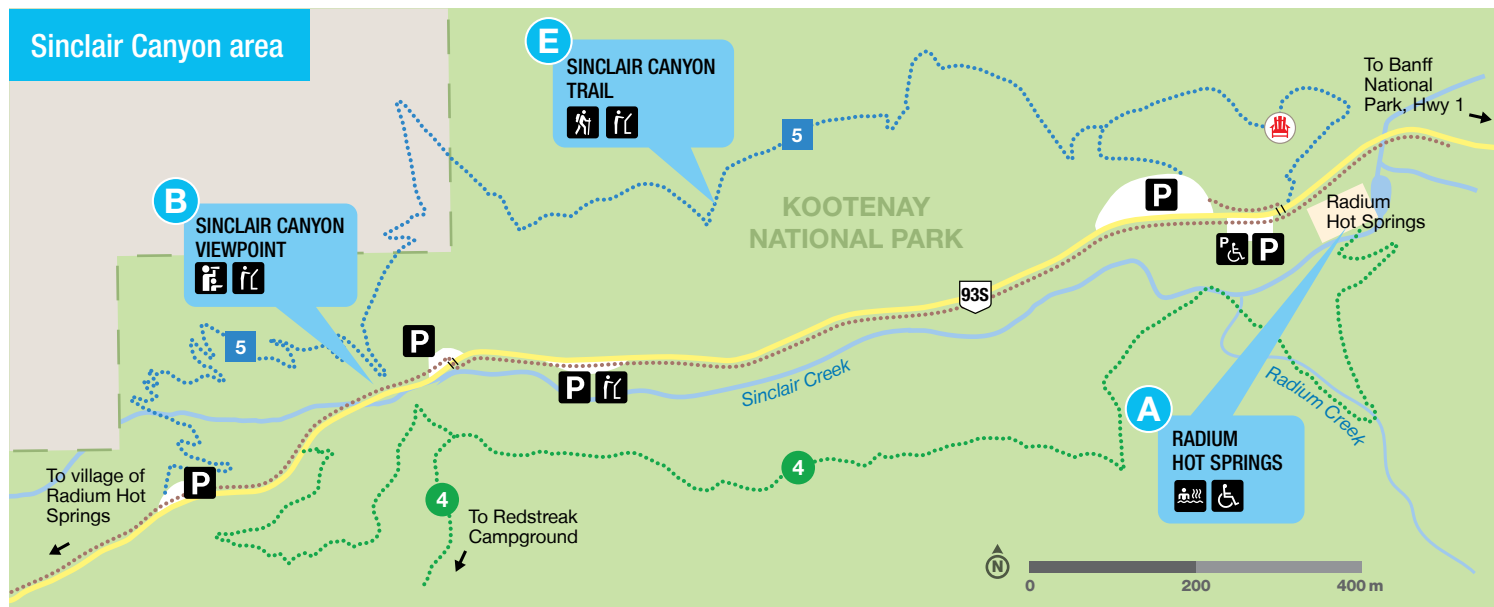
Your  
pledge makes  
a big difference.  
**THANK YOU  
FOR TAKING  
ACTION!**



# RADIUM HOT SPRINGS AREA



## Sinclair Canyon area



**TIP!** Learn about the history of Sinclair Canyon from interpretive signs, made in collaboration with the Village of Radium Hot Springs.

- ? Visitor centre
- Gate/kiosk
- P Parking
- P Accessible parking
- Accessible
- Wi-Fi
- Accessible Toilet
- Picnic area
- Viewpoint
- Interpretive signs
- Interpretive program
- Radium Hot Springs
- Sani dump
- Gift shop
- Red Chairs
- Campground (all sites reservable)



## Radium Hot Springs



Relax in odorless natural hot springs beneath the vibrant rock cliffs of Sinclair Canyon. This family-friendly facility offers plenty of space to relax and soak in the expansive hot pool or cool off with the kids in the swimming pool.

### 2025/26 RATES\*

Adult (ages 18-64)	\$17.50
Senior (65+)	\$15.25
Youth (3-17)	\$15.25
Child (under 3)	Free

\*Prices will increase on Jan. 1, 2026

Check [hotsprings.ca/radium](https://hotsprings.ca/radium) for hours, trip planning, and safety information before your visit.

A national park entry pass is required.



### Sinclair Canyon Viewpoint



Get an up-close look at one of the most iconic entrances to a national park. The paved and flat sidewalk takes you to the Sinclair Falls viewpoint and through the steep canyon walls.



### Letwilecw Loop (pronounced Led-wheel-oo-loo)



1 km loop

Elevation gain/loss: 25 m / 25 m. Estimated time (return): 30 min

Walk through a meadow that has been restored by fire. Discover Secwépemc uses of medicinal plants along this interpretive trail.



### Valleyview Trail



1.3 km (one way)

Elevation gain/loss: 130 m / 10 m. Estimated time (return): 45 min

Hike up a steep hill for rewarding views of the Columbia Valley, then meander along a flat trail at the top. Take a break at the scenic Valleyview picnic area.



### Sinclair Canyon Trail



2.8 km (one way)

Elevation gain/loss: 350 m / 260 m. Estimated time (return): 2 h

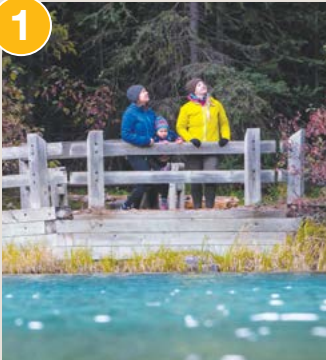
Descend into the gorge for a stop at Sinclair Canyon Falls, then head back up to the canyon's rim. Relax in the Red Chairs at the end.



# MAKE THE MOST OF YOUR VISIT

**Highway 93 South is the backbone of Kootenay National Park.** Enjoy an uninterrupted scenic drive or turn off the highway to relax at a day-use area, take in the views or venture out on a hike. Recommended stops and trails are listed in order from south to north.

1



## Olive Lake Day-use Area



A forested picnic area at the summit of Sinclair Pass.

### Olive Lake Trail

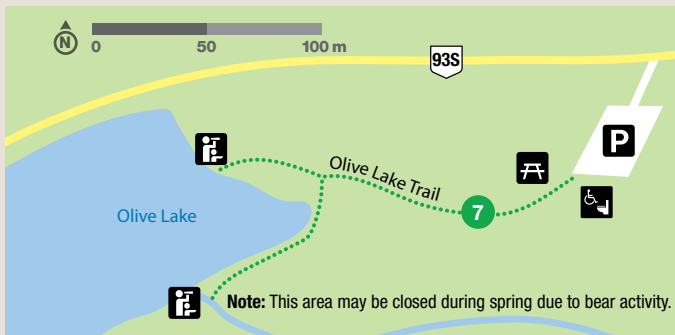


0.3 km (one way)

Elevation gain/loss: minimal

Estimated time (return): 15 min

Enjoy a lakeshore stroll on the boardwalk.



3



## Kootenay River Day-use Area



A great place to get out of the vehicle, stretch your legs and soak up the mountain views.

**TIP!** Check trail conditions at [parks.canada.ca/kootenay-trails](https://parks.canada.ca/kootenay-trails) before you drive into the park. Bring water, snacks, sunglasses, sunscreen, warm clothes and a rain jacket. The weather can change rapidly in the mountains!

4



## Dog Lake Day-use Area



Take advantage of this cool, shaded picnic area on a hot day.

### Dog Lake Loop



7 km loop

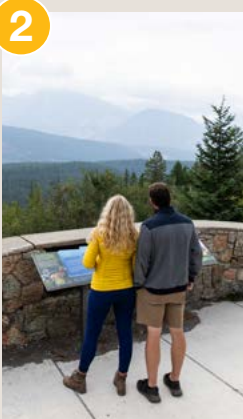
Elevation gain/loss: 195 m / 195 m

Estimated time (return): 2.5 h

A lovely family hike! Cross two bridges over the Kootenay River and meander through old-growth forest to a beautiful lake.



2



## Kootenay Valley Viewpoint



Enjoy breathtaking views of the Mitchell and Vermillion mountain ranges, and read the interpretive signs to discover the importance of wildlife corridors in this area.

### Cobb Lake Trail

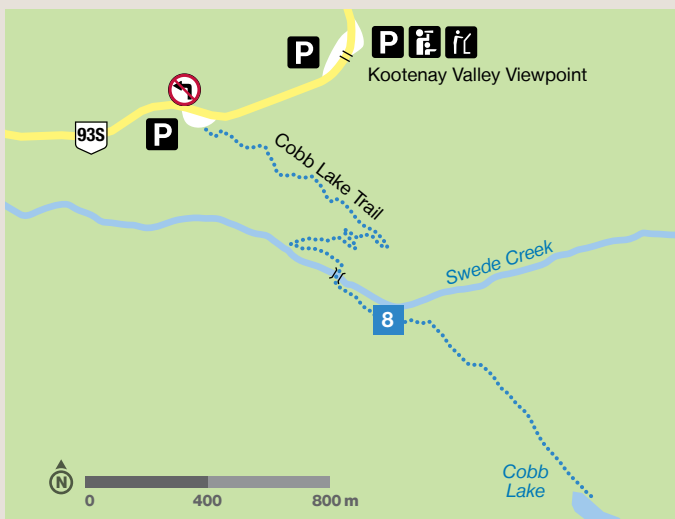


2.7 km (one way)

Elevation gain/loss: 155 m / 260 m

Estimated time (return): 2 h

Descend to Swede Creek, then continue along to a quiet lake encircled by forest.



5



## Dolly Varden Day-use Area



Enjoy the self-guided activities and learn more on how wildlife fences and underpasses protect both motorists and wildlife. Fun for kids!



6



### Simpson River Interpretive Trail



1.6 km (one way)

Elevation gain/loss: 30 m / 25 m

Estimated time (return): 1 h

Walk through a valley marked by fire. Check out the interpretive signs along the first 1.6 km of the trail. Learn about the incredible forces of nature. Past the Red Chairs, the trail continues for 7.2 km (one-way) to the park boundary.



10



### Marble Canyon Trail

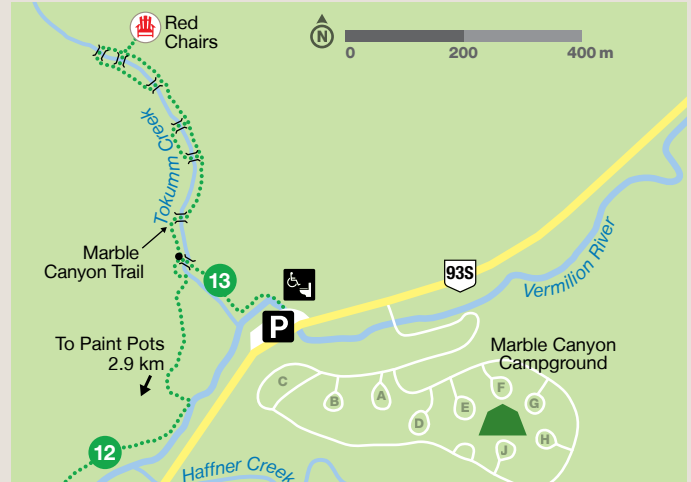


0.9 km (one way)

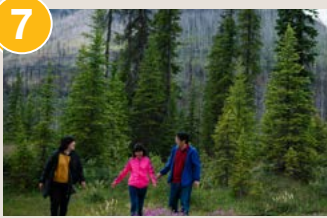
Elevation gain/loss: 65 m / 35 m

Estimated time (return): 30 min

The trail connects seven bridges across a canyon. Signs reveal canyon inhabitants and how the canyon formed over thousands of years. Relax in the Red Chairs at the end.



7

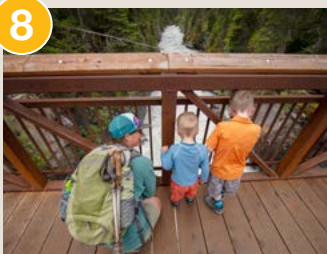


### Vermilion Crossing Day-use Area



Enjoy a picnic lunch close to the scenic banks of the Vermilion River.

8



### Numa Falls Day-use Area



Stop for a snack at the picnic site right next to the roaring waterfalls and look down into the canyon from the bridge.

9



### Paint Pots Trail

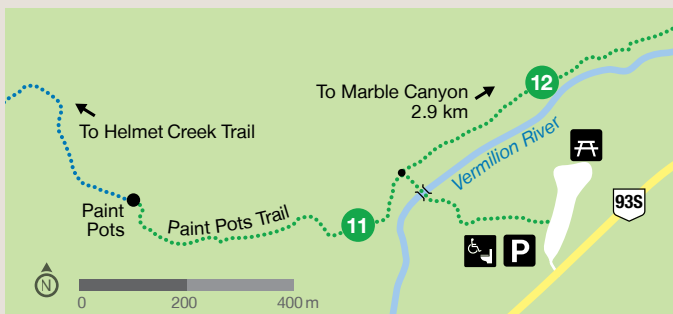


1 km (one way)

Elevation gain/loss: 35 m / 20 m

Estimated time (return): 40 min

An easy walk takes you to three iron-rich mineral springs that stain the surrounding earth. Enjoy the new boardwalk!



11



### Stanley Glacier Trail



4.9 km (one way)

Elevation gain/loss: 405 m / 115 m

Estimated time (return): 3 h

Hike up to a stunning alpine basin and watch glacier meltwater tumble down massive rock walls. See page 10 for info on Burgess Shale guided hikes.

12



### Continental Divide

Stand on the dividing line between the Pacific and Atlantic watersheds.

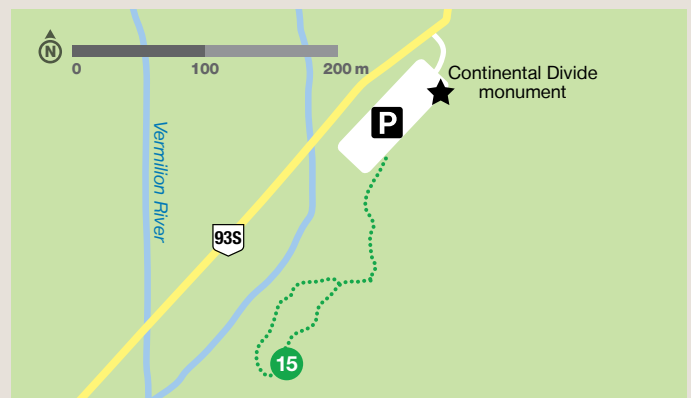
### Fireweed Loop

0.2 km loop

Elevation gain/loss: minimal

Estimated time (return): 15 min

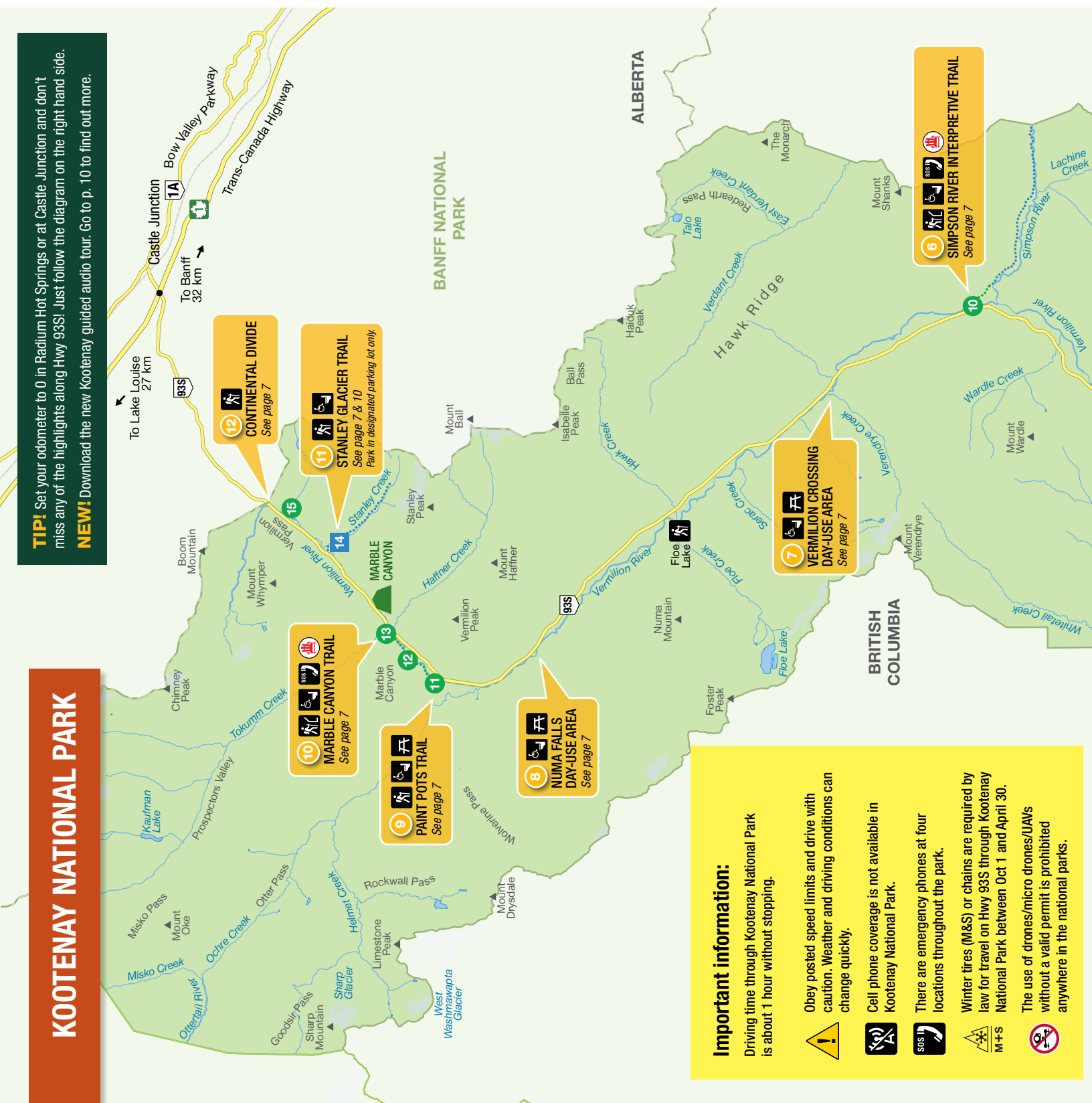
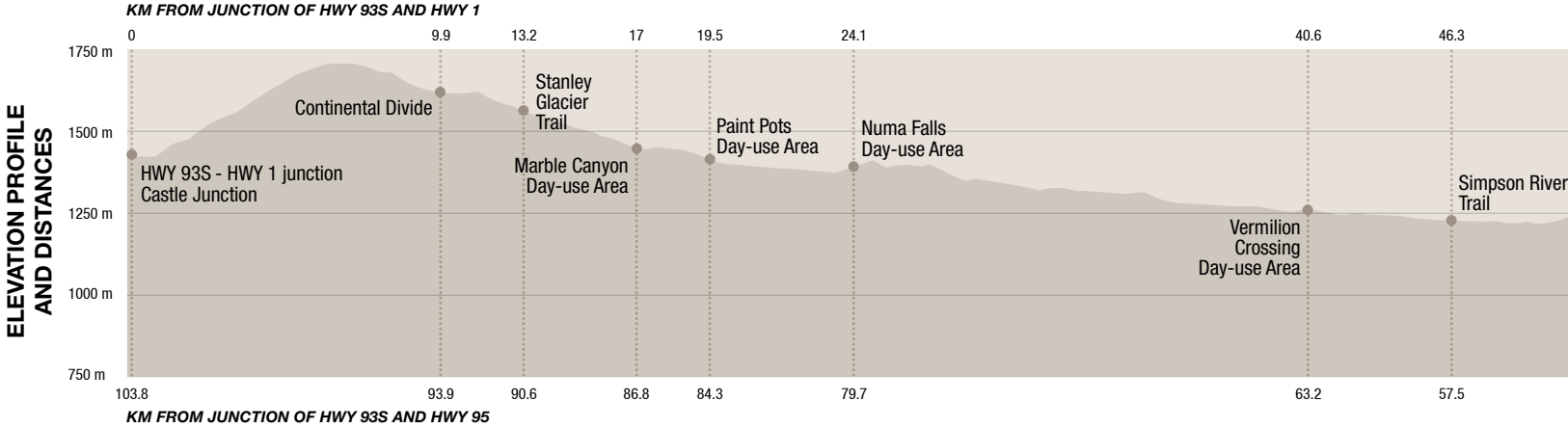
Walk through a quiet, shaded forest. The Vermilion Pass wildfire swept through this area in 1968. Can you spot any marks left by this fire?






**TIP!** Set your odometer to 0 in Radium Hot Springs or at Castle Junction and don't miss any of the highlights along Hwy 93S! Just follow the diagram on the right hand side.


**NEW!** Download the new Kootenay guided audio tour. Go to p. 10 to find out more.





**Driving time through Kootenay National Park is about 1 hour without stopping.**

 Obey posted speed limits and drive with caution. Weather and driving conditions can change quickly.

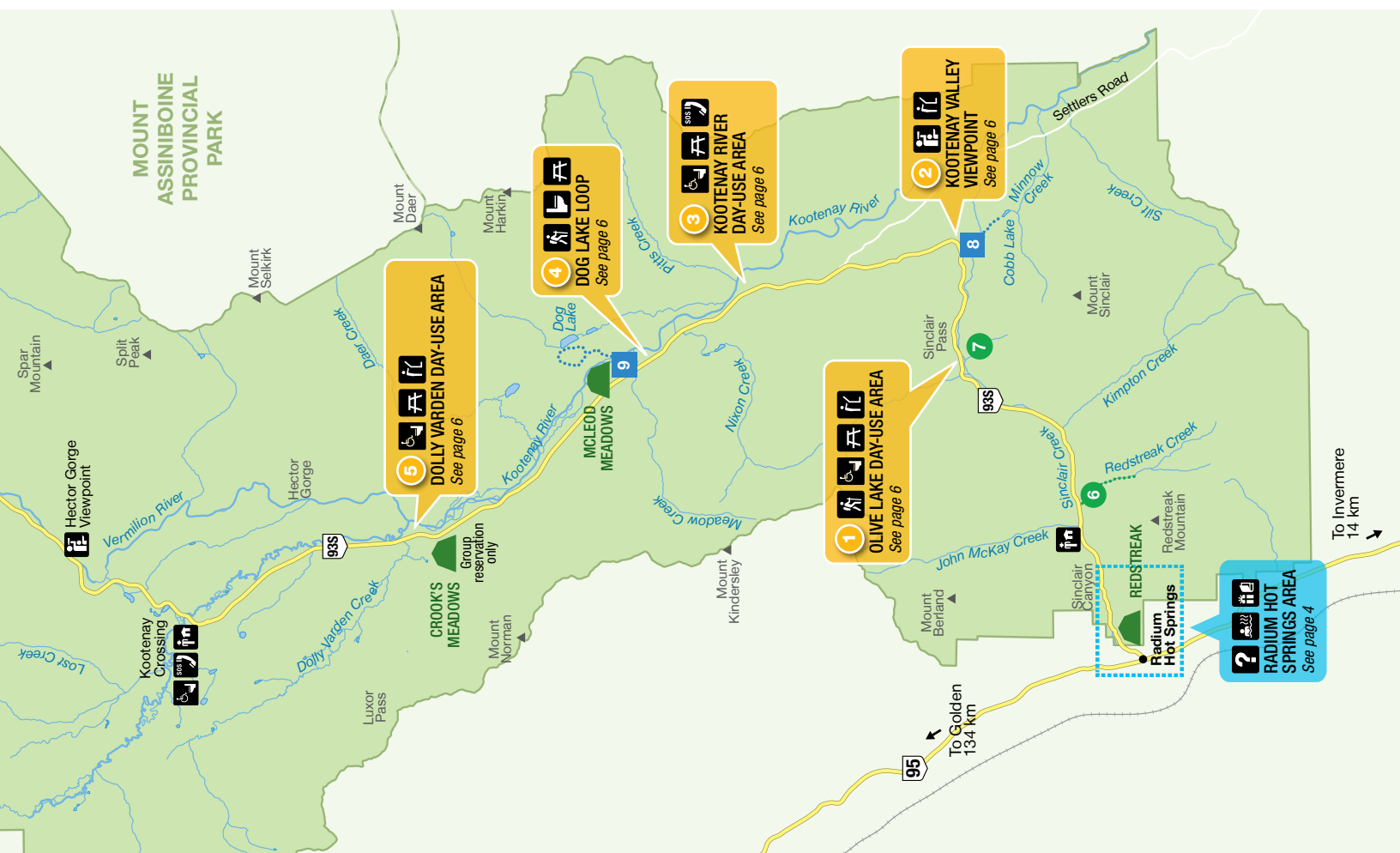
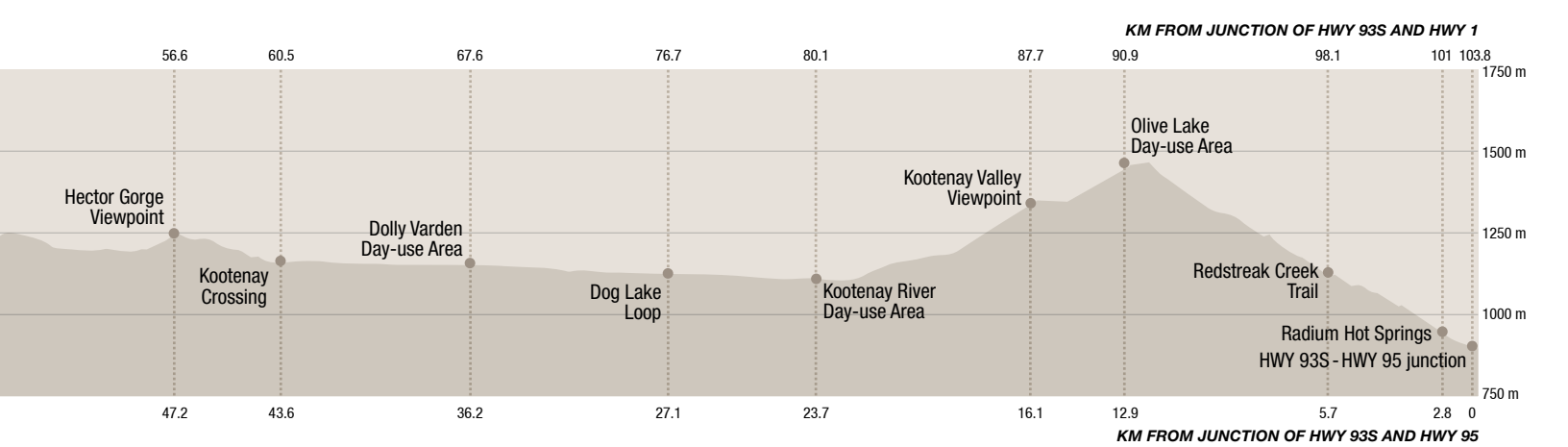
 Cell phone coverage is not available in Kootenay National Park.

 There are emergency phones at four locations throughout the park.

 **M+S** Winter tires (M+S) or chains are required by law for travel on Hwy 93S through Kootenay National Park between Oct 1 and April 30.

 The use of drones/micro drones/UAVs without a valid permit is prohibited anywhere in the national parks.





Scan the code for a full hiking map:  
[parks.canada.ca/kootenay-brochures](https://parks.canada.ca/kootenay-brochures)

Hiking trails					Hiking time (round trip)
	Distance (one way)	Elevation gain*	Elevation loss*		
6	Redstreak Creek	2.3 km	200 m	30 m	1.5 h
7	Olive Lake	0.3 km	minimal	minimal	15 min
8	Cobb Lake	2.7 km	155 m	260 m	2 h
9	Dog Lake Loop	7 km loop	195 m	195 m	2.5 h
10	Simpson River	1.6 km	30 m	25 m	1 h
11	Paint Pots	1 km	35 m	20 m	40 min
12	Vermilion River	2.9 km	65 m	110 m	2 h
13	Marble Canyon	0.9 km	65 m	35 m	30 min
14	Stanley Glacier	4.9 km	405 m	115 m	3 h
15	Fireweed Loop	0.2 km loop	minimal	minimal	15 min

● Easy ● Moderate

\*On most hiking trails you will gain and lose elevation before you reach your destination. Elevation gain represents all the up and elevation loss all the down you will experience on a one-way hike.

Visitor centre	Exhibit
Toilet	Radium Hot Springs
Accessible toilet	Parks Canada station
Picnic area	Emergency telephone
Viewpoint	Gift shop
Hiking	Red Chairs
Interpretive trail	Campground (reservations required)





# INTERPRETIVE ACTIVITIES



## Kootenay guided audio tour

Enjoy the Kootenay guided audio tour as you travel on Highway 93 South, one of BC's most scenic highways.

This audio tour is your perfect travel companion on the 94-km drive as you twist and turn through valleys and over two mountain passes.

### Mobile guided tour features:

- Behind-the-scenes stories that play automatically as you drive through the park.
- Suggested stops to get out and stretch your legs.
- Insider's tips of things to do.
- Quiz questions to challenge your knowledge and observation skills.

Remember to download the app and tour before you start your drive. There is no cell coverage or Wi-Fi in Kootenay National Park.

## Guided hikes to the Burgess Shale fossils

### Ages 8+, moderate hike, 10 km return

Join us on the scenic Stanley Glacier Trail and experience the Burgess Shale fossils first-hand. This family-oriented hike provides an excellent introduction to the Burgess Shale on a moderate trail. Along the trail your guide will reveal the deep connections between past and present.

These fossils are so globally important that they have been recognized as a UNESCO World Heritage Site. The Burgess Shale is part of the larger Canadian Rocky Mountain Parks World Heritage Site. **It is illegal to break rocks or take fossils!**

Reserve a guided hike  
with Parks Canada!

[parks.canada.ca/burgess-shale](https://parks.canada.ca/burgess-shale)  
1-877-RESERVE (737-3783)

## Explore. Learn. Connect.

Park interpreters are here to share fun experiences with park visitors. Join us for an outdoor activity or evening program during your visit!

### Evening programs

Discover Kootenay's natural and cultural heritage. Interpretive programs are offered at Redstreak Campground in July and August on multiple evenings a week (check in with the visitor centre or campground kiosk for an up-to-date schedule). From game nights to speaker series and theatre shows, there's something for everyone!

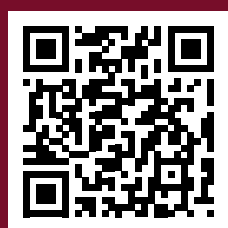
Programs are available to **all visitors with a valid park entry pass**. For more details and a schedule of interpretive programs, check [parks.canada.ca/kootenay-interpretation](https://parks.canada.ca/kootenay-interpretation)



### Listen now!

**Connected: A Parks Canada Podcast**  
Episodes about animals and plants in danger, and the Parks Canada specialists who protect them.

[parks.canada.ca/connected](https://parks.canada.ca/connected)



[pc.gc.ca/en/multimedia/apps](https://pc.gc.ca/en/multimedia/apps)



# STAY SAFE AND PROTECT WILDLIFE

## Keep human food away from animals

- **DO NOT LITTER.** Use the wildlife-proof garbage bins for all unwanted items and food scraps.
- Store all food, food-related items and scented products in vehicles or storage lockers.
- Non-food related items such as lawn chairs, tables or lanterns may be left outside.
- Pour out dish water at designated sinks or sani dumps.



Never leave food or scented items unattended or in a tent for even a minute.



Parks Canada staff may enter open and plainly visible areas of an unattended campsite to remove and secure plainly visible wildlife attractants.

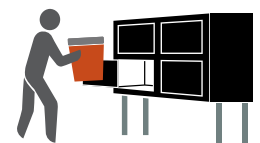
**KEEP YOUR CAMPSITE AND PICNIC AREA CLEAN** to reduce the risks to your personal safety and to wildlife.



**ALL** food-related and scented items **MUST** be stored away in a vehicle,



a hard-sided trailer or RV,



or in a campground food storage locker.



# CONSERVATION STORIES



American badger



Westslope cutthroat trout

## The American badger – An expert digger at risk

The American badger *jeffersonii* subspecies is listed as Endangered under the federal Species at Risk Act. There are only about 100-160 individuals remaining in BC's eastern population that includes areas of Kootenay National Park. The most significant threats to their population are road mortality and habitat loss. Badgers play a key role in the grassland ecosystem by digging up and mixing the soil, helping plants to grow. Their abandoned holes are often used as homes by other animals.

Redstreak Campground is within important habitat for badgers, and your support is crucial in safeguarding these remarkable animals. Parks Canada is actively contributing to the conservation of badgers by restoring grassland ecosystems through practices like forest thinning and prescribed fire.

## 5 things you can do to help badgers survive

1. Follow speed limits and be an attentive driver.
2. Always keep your pets on leash. It's the law.
3. NEVER feed or entice a badger. Keep a clean campsite or picnic area.
4. If you see a badger, keep at least 30 m away to avoid disturbing them. NEVER approach badgers or their burrows.
5. Report all badger sightings to [llyk.wildlife@pc.gc.ca](mailto:llyk.wildlife@pc.gc.ca).

## Friends of the fish

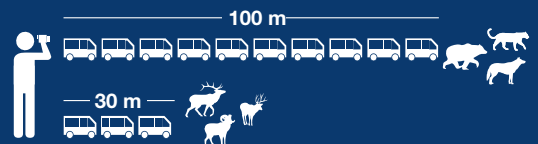
Meet the westslope cutthroat trout and bull trout – two important fish in Kootenay National Park. Habitat loss, climate change and historical fish stocking practices have put pressure on these fish causing them to decline. Parks Canada is exploring different options to protect these species before it's too late.

## If you see wildlife by the road:

- **Slow down** and use hazard lights to alert other drivers.
- Only stop when and where it is safe to do so. Pull over and do not block traffic.
- **Stay in your vehicle.**
- Watch for a few moments, take a photo from a safe distance and **move on.**

## Photograph wildlife from a vehicle or safe distance:

- 30 m for deer, elk, moose and bighorn sheep
- 100 m for bears, wolves, coyotes and cougars



**Do not feed wildlife, it is illegal.** This includes littering and leaving food or scented items unattended. Fines of up to \$25,000 may apply.



**Do not approach wildlife.** When taking photos, do not surround, crowd or follow an animal.



A **no stopping zone** protects wildlife and motorists in high risk areas. Watch for signs along the roadside and **do not stop to view wildlife in this zone.**



## Dry Gulch Grassland Restoration Project

The grasslands in Kootenay National Park provide important winter habitat for elk, deer and sheep. Unfortunately, Douglas-fir forests are encroaching on this delicate ecosystem.

Parks Canada has been restoring grassland habitats in Kootenay National Park with forest thinning and prescribed fire for decades. Currently, restoration work is occurring in the Dry Gulch area of the park, close to the village of Radium Hot Springs. This work will help shift these sensitive ecosystems back to a more natural state. In turn, it will also reduce wildfire risk and help restore critical badger habitat.



# PROTECT PARK WATERS



**All waterbodies in Kootenay and Yoho national parks are closed to watercraft and angling** until March 31, 2026 to reduce the spread of aquatic invasive species (AIS), including whirling disease. The closure applies to all lakes, streams, and rivers in Kootenay and Yoho national parks.



Scan the QR code or check [parks.canada.ca/kootenay-water-rules](https://parks.canada.ca/kootenay-water-rules) to find out about current closures and local regulations before planning your trip to a river or lake in Kootenay National Park.



## Prohibited activities:



**Paddling and boating** – This includes all watercraft such as canoes, kayaks, paddleboards, kiteboards, rowboats, and inflatable boats and toys (e.g., donuts, unicorns).



If it floats, it's a boat.

**Angling and angling equipment** such as fishing rods, waders, boots, gloves and nets.



*Violators may be charged and could pay fines of up to \$25,000 under the Canada National Parks Act.*

## Permitted activities:

**Swimming** – This includes the use of swimming aids and safety equipment, such as personal flotation devices, water shoes, wetsuits, gloves, snorkel equipment, throw bags and water wings.

**Accessing beaches and shorelines** – This includes the use of beach toys and taking pets on leash.

**Using designated trail crossings and fords.**

**Collecting water for treatment.**

**Visitors must Clean, Drain, Dry all equipment that comes into contact with water.**

Parks Canada is committed to preventing aquatic invasive species from entering the park and regional waterways to maintain ecological integrity of the aquatic systems in the park and downstream areas.

**Thank you for protecting these special places!**



# MOUNTAIN SAFETY



## Winter in Kootenay

Some trails are suitable for winter activities, but usage is at your own risk. Parks Canada does not maintain or patrol trails in Kootenay National Park.

## You are in avalanche terrain

Avalanche season in the mountains extends from November to June, and even a short walk can take you into avalanche terrain. Whenever there is snow on a slope, there is potential for an avalanche. Check the current avalanche forecast at [parks.canada.ca/avalanche](https://parks.canada.ca/avalanche)

## Safety is your responsibility

- Be prepared for any weather.
- Bring extra food and water.
- Pack a first aid kit.
- Know where you're going.
- Tell someone where you're going, and when you'll be back.
- Wear proper footwear.



## Be safe in the mountains

Natural hazards are a part of the national park experience. Safety is your responsibility! Come prepared and informed.

Tell somebody where you're going, when you will be back and who to call if you don't return.

## Parks Canada Dispatch

Non-emergency line: 403-762-1470

## Backcountry travel and safety:

[parks.canada.ca/mountain-safety](https://parks.canada.ca/mountain-safety)

## Trail condition reports:

[parks.canada.ca/kootenay-trails](https://parks.canada.ca/kootenay-trails)

## Road conditions:

[drivebc.ca](https://drivebc.ca)



There is no cell service in Kootenay National Park.



Emergency phones are available at the Kootenay River Day-use Area, Kootenay Crossing, Simpson River Trailhead and Marble Canyon Day-use Area.



# CAMPING IN KOOTENAY



oTENTik at Redstreak Campground

## Frontcountry camping

**Redstreak** provides the widest range of services and is located within walking distance of the village of Radium Hot Springs and the Radium Hot Springs' mineral pools. You can even enjoy some of the comforts of home with a night in an oTENTik tent-cabin.

For a more rustic experience, choose to stay at **McLeod Meadows** or **Marble Canyon**. McLeod Meadows is nestled beside the Kootenay River, while Marble Canyon sits in a quiet, forested area conveniently close to the park's most popular trails.

## Make memories

Visit [parks.canada.ca/kootenay-camping](https://parks.canada.ca/kootenay-camping) to plan your stay at a Kootenay National Park campground. Reservations are required.

## Backcountry camping

There are six backcountry campgrounds in Kootenay National Park. Five are located along the Rockwall Trail; an iconic, 54-km route that traverses through alpine passes and under hanging glaciers.

For more info:  
[parks.canada.ca/kootenay-backcountry](https://parks.canada.ca/kootenay-backcountry)

Camping is permitted in designated campgrounds only. A valid camping permit and national park entry pass are required.

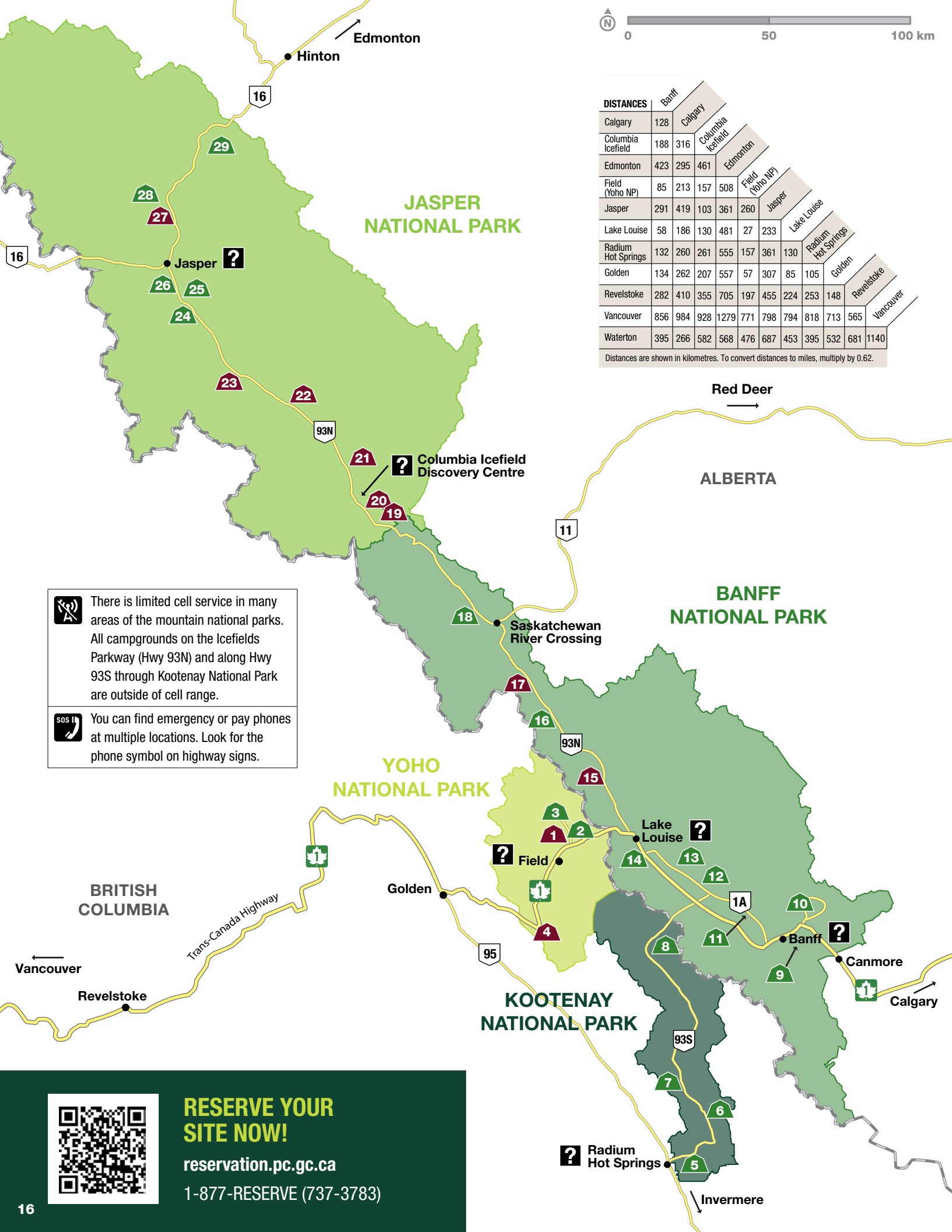
**Remember!** You must carry your camping permit with you at all times. There may be random patrol checks.



Floe Lake Campground


**RESERVE YOUR SITE HERE:** [reservation.pc.gc.ca](https://reservation.pc.gc.ca) | 1-877-RESERVE (737-3783)






DISTANCES	Banff	Calgary	Columbia Icefield	Edmonton	Field (Yoho NP)	Jasper	Lake Louise	Radium Hot Springs	Golden	Revelstoke	Vancouver
Calgary	128										
Columbia Icefield	188	316									
Edmonton	423	295	461								
Field (Yoho NP)	85	213	157	508							
Jasper	291	419	103	361	260						
Lake Louise	58	186	130	481	27	233					
Radium Hot Springs	132	260	261	555	157	361	130				
Golden	134	262	207	557	57	307	85	105			
Revelstoke	282	410	355	705	197	455	224	253	148		
Vancouver	856	984	928	1279	771	798	794	818	713	565	
Waterton	395	266	582	568	476	687	453	395	532	681	1140

Distances are shown in kilometres. To convert distances to miles, multiply by 0.62.

























































































































































































































 There is limited cell service in many areas of the mountain national parks. All campgrounds on the Icefields Parkway (Hwy 93N) and along Hwy 93S through Kootenay National Park are outside of cell range.

 You can find emergency or pay phones at multiple locations. Look for the phone symbol on highway signs.



**RESERVE YOUR SITE NOW!**  
[reservation.pc.gc.ca](http://reservation.pc.gc.ca)  
1-877-RESERVE (737-3783)

# Camping in the mountain parks

	CAMPGROUND	OPEN DATES	SITES	PRICES	Full hook-up	Electrical	Sani dump	Flush toilets	Pit toilets	Showers	Firepits	Cooking shelter	Drinking water	Interpretive prog.	oTENTiks	Max. RV/trailer length
Yoho	 1 Monarch	May 1 - Oct. 13	44	\$19.75												27 ft
	 2 Kicking Horse	May 15 - Oct. 5	88	\$30.50												35+ ft
	 3 Takakkaw Falls (walk-in)	June 12 - Oct. 5	35	\$19.75												X
	 4 Hoodoo Creek	June 12 - Sep. 1	30	\$17.50												35+ ft
Kootenay	 5 Redstreak	May 1 - Oct. 13 oTENTiks May 16 - Sep. 21	242	\$30.50 - \$42.50												35 ft
	 6 McLeod Meadows	June 5 - Sep. 7	88	\$24.00												30 ft
	 7 Crook's Meadow Non-profit and school groups	Email kootenay.info@pc.gc.ca for reservation information.														21 ft
	 8 Marble Canyon	June 19 - Sep. 1	61	\$24.00												15 ft
Banff	 9 Tunnel Mt. Village I	May 8 - Oct. 5	618	\$30.50												35+ ft
	 9 Tunnel Mt. Village II	Open year-round oTENTiks May 8 - Oct. 13	209	\$36.00												35+ ft
	 9 Tunnel Mt. Trailer Court	May 8 - Oct. 5	322	\$42.50												35+ ft
	 10 Two Jack Main	June 19 - Sep. 1	380	\$24.00												24 ft
	 10 Two Jack Lakeside	May 22 - Oct. 5 oTENTiks May 22 - Oct. 5	74	\$30.50												27 ft
	 11 Johnston Canyon	May 22 - Sep. 21	132	\$30.50												27 ft
	 12 Castle Mountain 	Closed until further notice	43	\$24.00												24 ft
	 13 Protection Mountain	June 19 - Sep. 15	72	\$24.00												35 ft
	 14 Lake Louise Tent	May 30 - Sep. 24	206	\$30.50												24 ft
	 14 Lake Louise Trailer	Open year-round	189	\$36.00												35+ ft
	 15 Mosquito Creek	June 5 - Oct. 13	38	\$19.75												35+ ft
	 16 Silverhorn Creek	May 29 - Sep. 28	45	\$19.75												35+ ft
	 17 Waterfowl Lakes	June 19 - Sep. 7	110	\$24.00												31 ft
	 18 Rampart Creek	May 29 - Sep. 21	51	\$19.75												35 ft
Jasper	 19 Wilcox	June 11 - Sep. 29	46	\$31.25												27 ft
	 20 Icefield Centre RV	May 14 - Oct. 13	100	\$17.50												35+ ft
	 20 Icefield (tents only)	June 11 - Oct. 13	31	\$31.25												X
	 21 Jonas	June 4 - Sep. 8	25	\$31.25												25 ft
	 22 Honeymoon Lake	May 14 - Sep. 15	34	\$31.25												27 ft
	 23 Kerkeslin	May 28 - Sep. 15	42	\$31.25												27 ft
	 24 Wabasso	Closed until further notice	231	\$35.00 - \$47.00												35 ft
	 25 Wapiti (winter)	Open until May 7, 2025	40	\$36.00												35+ ft
	 25 Wapiti (summer)	June 4 - Oct. 27	138	\$36.00 - \$49.75												35+ ft
	 26 Whistlers	May 7 - Oct. 13 oTENTiks loop 4: June 4 - Sep. 22 oTENTiks loop 5: June 18 - Sep. 3	781	\$25.00 - \$56.25												35+ ft
	 27 Snaring	May 14 - Sep. 29	62	\$31.25												27 ft
	 28 Overflow	May 14 - Oct. 13	280	\$17.50												35+ ft
	 29 Miette	May 14 - Sep. 15	140	\$37.75												27 ft



All sites in the campground are reservable.



Campground is undergoing upgrades.



First-come, first-served sites only. Self-register at the campground. In summer months, arrive before mid-day for the best chance of getting a site.





**How was your experience?**

Scan the code to share your feedback with our team!

[parks-parcs.simplesurvey.com/f/1/comment\\_card](https://parks-parcs.simplesurvey.com/f/1/comment_card)

Simpson River Interpretive Trail

## NATIONAL PARK REGULATIONS



**Do not litter.** Dispose of garbage or recycling in wildlife-proof bins, or pack it out.



**No campfires outside of designated metal fire pits.** Never leave a fire unattended unless it is completely extinguished. Be aware of national park fire bans.



**Do not camp in pullouts, trailheads or day-use areas.** Camp only in designated campgrounds with a valid camping permit and park entry pass. [parks.canada.ca/kootenay-camping](https://parks.canada.ca/kootenay-camping)



**Do not enter closed areas.** Closures are implemented and posted when visitors are at risk or wildlife need protection. Visit [parks.canada.ca/kootenay-bulletins](https://parks.canada.ca/kootenay-bulletins)



**Do not remove natural objects.** It is illegal to pick plants, to cut down trees and branches, to remove rocks, fossils and cultural artifacts or to otherwise cause damage.



**Do not fly drones.** The use of drones/micro drones/UAVs without a valid permit is prohibited anywhere in the national parks.



**Firearms are prohibited** in national parks. Firearms include pellet guns, bear bangers, bows, slingshots and similar items.



**Do not consume alcohol and cannabis** beyond your registered campsite or at the Radium Hot Springs pools. In campgrounds, there is a daily ban on alcohol and cannabis consumption during quiet hours, between 11 p.m. and 7 a.m. Be aware of extended bans during holiday weekends.



## MOUNTAIN PARK CONTACT INFORMATION

### KOOTENAY

Kootenay Visitor Centre: 250-347-9505 | [kootenay.info@pc.gc.ca](mailto:kootenay.info@pc.gc.ca)

[parks.canada.ca/kootenay](https://parks.canada.ca/kootenay)

Tourism Radium: 1-888-347-9331 | [radiumhotsprings.com](https://radiumhotsprings.com)

### YOHO

Yoho Visitor Centre: 250-343-6783 | [yoho.info@pc.gc.ca](mailto:yoho.info@pc.gc.ca)

[parks.canada.ca/yoho](https://parks.canada.ca/yoho)

Accommodations and attractions in Field: [field.ca](https://field.ca)

### BANFF

Banff Visitor Centre: 403-762-1550 | [banffinfo@pc.gc.ca](mailto:banffinfo@pc.gc.ca)

Lake Louise Visitor Centre: 403-522-3833 | [ll.info@pc.gc.ca](mailto:ll.info@pc.gc.ca)

[parks.canada.ca/banff](https://parks.canada.ca/banff)

Banff Lake Louise Tourism: 403-762-8421

[banfflakelouise.com](https://banfflakelouise.com)

### JASPER

Jasper Information Centre: 780-852-6176 | [jasperinfo@pc.gc.ca](mailto:jasperinfo@pc.gc.ca)

[parks.canada.ca/jasper](https://parks.canada.ca/jasper)

Tourism Jasper: 780-852-6236 | [jasper.travel](https://jasper.travel)

### MOUNT REVELSTOKE AND GLACIER

250-837-7500 | [mrg.information@pc.gc.ca](mailto:mrg.information@pc.gc.ca)

[parks.canada.ca/glacier](https://parks.canada.ca/glacier)

[parks.canada.ca/revelstoke](https://parks.canada.ca/revelstoke)

### WATERTON LAKES

Waterton Lakes Visitor Centre: 403-859-5133

[parks.canada.ca/waterton](https://parks.canada.ca/waterton)



### Law Enforcement

Park wardens enforce regulations as required by the **Canada National Parks Act**.

**Violators may be charged and could pay fines of up to \$25,000.**

To report violations, call 24 hours, 7 days per week:

**1-888-WARDENS (927-3367)** (Banff, Yoho and Kootenay)

**1-877-852-3100** (Jasper, Mount Revelstoke and Glacier)

**FOR EMERGENCIES DIAL 911** (police, fire and ambulance)

Parks Canada Dispatch (non-emergency): 403-762-1470

Cell phone service is not reliable in the mountain parks.

Road reports: [drivebc.ca](https://drivebc.ca) or [511.alberta.ca](https://511.alberta.ca)