



Backcountry Planning Guide

Fundy National Park

Planning

Every great adventure starts with a plan! This guide will help you take this important first step.

Camping & Trails

There are a total of 8 backcountry campsites available. Each offers a unique experience and journey to get there.

Discover the hidden gems located at Fundy National Park

Waterfalls, swimming holes, lakes and Bay of Fundy views are waiting to be explored in the Backcountry.



Important Notices

Safety First: It is your responsibility; Be Careful. Be Smart. Be Prepared.

Drinking water is not provided. Please carry in or boil water.

Cell phone reception is very poor or non-existent in the backcountry.

Verify trail conditions, closures, weather updates and water levels for safe river crossings.

Leave a trip itinerary with a trusted contact. Check-in at Visitor Centre is mandatory.

Leave no trace. Pack in and pack out all garbage.

How to use this guide



Are you planning to hike New Brunswick's largest trail system with soaring coastal views, the highest tides in the world and the diverse Acadian Forest?

Come marvel at the waterfalls, descend into moss-covered river valleys, swim in backcountry pools and observe the calmness of our private lakes. This guide will help you find all the information you need to plan, pack, and have a safe and memorable trip in Fundy National Park's backcountry.

In this guide, you will find each campsite profiled with photographs and site information. You will also find a description of the trails and landmarks between each site which we hope will be useful for you during your excursion. It's important before planning your trip, to take time to assess your skills and physical-fitness level. Do not overestimate your abilities for this challenging, yet rewarding hiking terrain. This guide is designed to help you plan a successful trip. It is NOT intended for navigation.

It is strongly recommended that hikers consult a physical topographical map available for purchase at the park visitor centre. Do not rely solely on digital copies of the guide or map.

Figure 1: Hiker enjoying the views of the Goose River Trail

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Park staff are available to help answer questions about your trip by calling +1-506-887-6000 or emailing fundy@pc.gc.ca.

Figure 2: Lily pads resting in Chambers Lake.



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Welcome to Fundy National Park.

Introduction

Experience the world's highest tides – not to mention pristine forests, impressive recreational facilities and a taste of Atlantic Canadian culture – at Fundy National Park. This small but mighty national park covers 206 km² encompassing rugged coastlines, rolling highlands, diverse Acadian forests and over 16 waterfalls.

The park has two major environmental systems: the marine coastal environment of the Bay of Fundy and the Caledonia Highlands plateau (part of the Appalachian Mountain range) with its deeply cut river valleys. Fundy offers unique hiking and camping options for everyone to stay and explore, which makes it a true Maritime treasure.

History of the Region

European arrival to the Bay of Fundy region in the early 1600s initiated trading partnerships with Mi'gmaq, Wolastoqiyik and Peskotomuhkati peoples, especially along the resource-rich coastline.

The unexploited wilderness known today as Fundy National Park became attractive as a source of lumber and brought jobs and families to the area. Small sawmills, shipbuilding and fishing operations thrived during the 1800s.

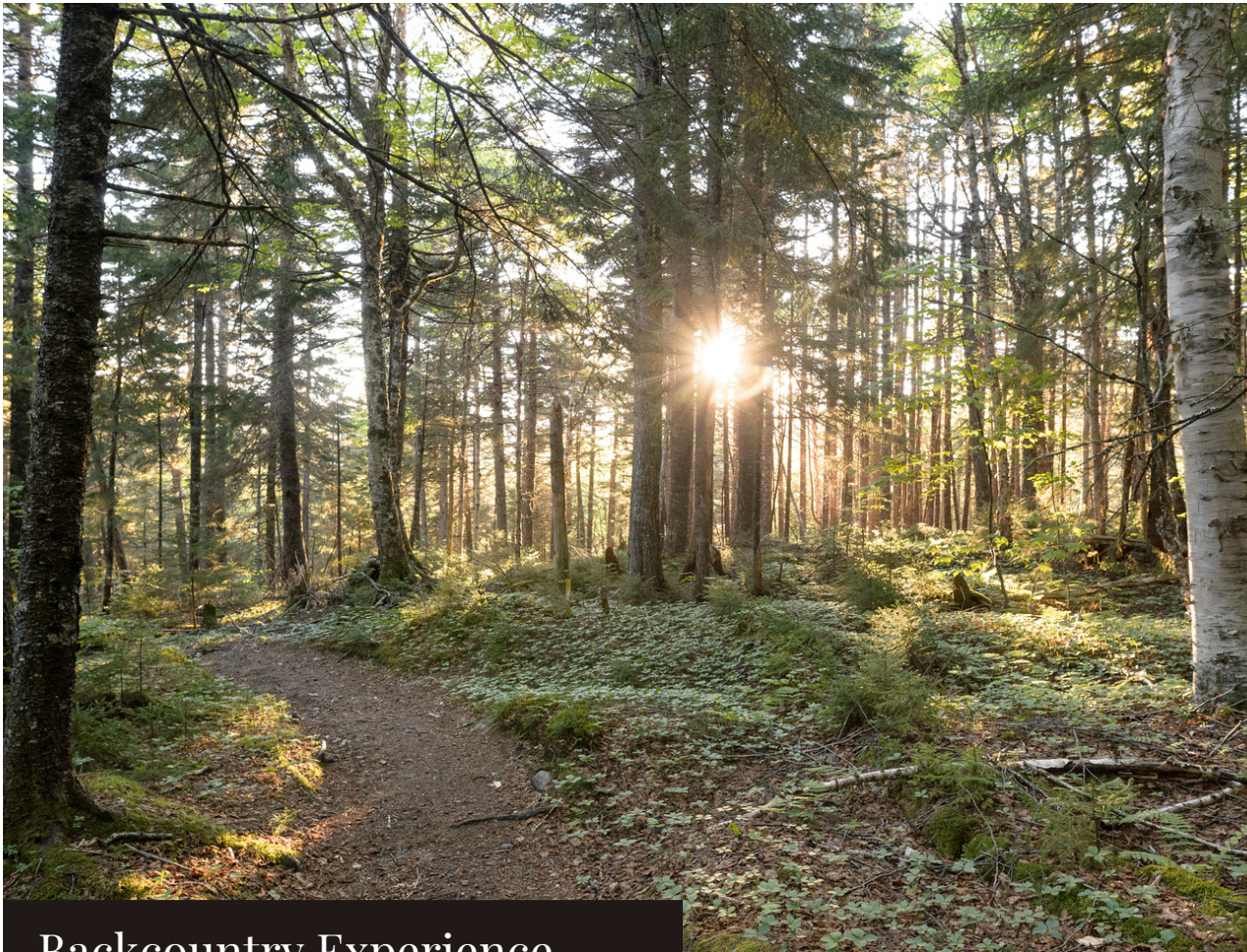
By the late 1800s, the easily accessible trees had all been cut, rivers once abundant with fish were now clogged by the refuse of the sawmills and wooden boats with sails gave way to steel and steam. The economy was down and the population in the area was cascading.

In 1948, this area of the Bay of Fundy near the Village of Alma was chosen as New Brunswick's first national park both to stimulate the economy and to preserve the area's natural beauty.



Figure 3: Point Wolfe Village, with its sawmill at the mouth of the Point Wolfe River, became the main settlement in the area.

Backcountry Guide



Backcountry Experience

Figure 4: Deep in the heart of Fundy National Park's Acadian Forest.

The Backcountry

As a backcountry traveller, you will be able to visit some of the park's hidden gems and be one with nature. Whether you are embarking on a day trip or a multi-day hiking adventure, Fundy National Park has different options to create your ideal trip. For those looking for a challenging day hike, the Goose River Trail offers 11.9 kilometres (one way) of coastal views ending with a beautiful beach to cool off before your return trip.

If you are looking to stay the night in a special wilderness area, Fundy National Park offers a total of 8 backcountry campsites located at Goose River, Marven Lake, Chambers Lake, Foster Brook and Tracey Lake. Backcountry campsites can only be reached by backpacking or mountain biking. Distances vary between 3 to 10 km from the trailhead, so you can choose the trail that is best suited for your experience level. You can review the trail descriptions on page 23.

Fundy Circuit

The Fundy Circuit is a loop made up by connecting several of the trails in Fundy National Park to form a multi-day backcountry camping experience. A minimum of three days of backpacking in the backcountry will be required to complete this circuit. Please reserve your sites well in advance of your trip. The total distance hiked over the three days will be approximately 50 km. You can do the circuit in reverse, but then your first day will almost exclusively be uphill and you will have two river crossings (and very wet feet) on day one of your trip.

1. Headquarters Visitor Centre to Coastal East Trailhead (0.8 km)
2. Coastal East & West (10.1 km)
3. Point Wolfe Rd (0.5 km)
4. Shiphaven (0.5 km)
5. **Marven Lake* (8 km)**
6. Bennett Brook (7.7 km)
7. Bennett Lake (0.3 km)
8. **Tracey Lake* (7 km)**
9. Lavery Rd (2.2 km)
10. The Forks (3.4 km)
11. Upper Salmon River (8.8 km)

***Backcountry sites available.**

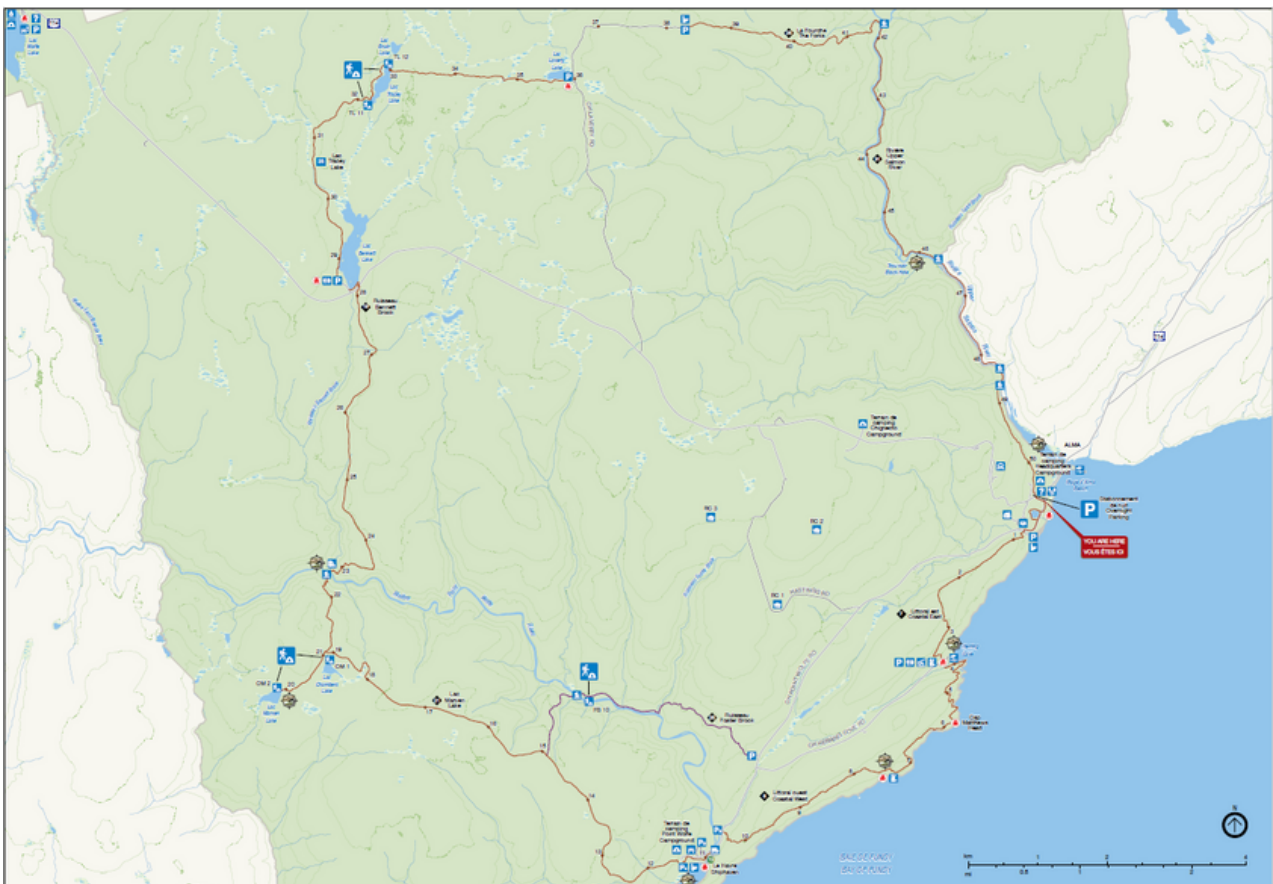


Figure 5: Fundy Circuit trail that takes you around the Fundy National Park backcountry.

Fundy Footpath

The Fundy Footpath is a rugged, 64.3 km trail with steep changes in elevation that runs from the Fundy Trail Parkway at Big Salmon River to Fundy National Park in New Brunswick, Canada. It is recommended to plan a minimum of 4 days in the backcountry to complete this challenging but rewarding outdoor trek. This trail is divided into three sections.

Please register your vehicle at the visitor centre before setting off on your adventure.

1. Fundy National Park Visitor Centre near Alma to Goose River (21.3 km)
2. Goose River to Little Salmon River (25.8 km)
3. Little Salmon River to Big Salmon River (17.2 km)

More information on the Fundy Footpath can be found by purchasing a trail guide from the [Fundy Hiking Trail Association](#) which includes planning tips, topo maps, tide charts and more.



Figure 6: Goose River GR6 backcountry site located near the entrance of the Fundy Footpath.

Dobson trail

The Dobson Trail is a hiking-only section of the Trans Canada Trail that stretches 58 kilometres from Riverview to the northern boundary of Fundy National Park, near Alma. The trail is divided into nine sections.

The Dobson Trail meets Fundy National Park on Old Shepody Road and joins the Park's Lavery Falls Trail just west of the Broad River via the Dobson Link Trail.

If you have a vehicle parked in the park overnight be sure to register it at the visitor centre.

1. Pine Glen to Tower Rd (14.6)
 - a. Mill Creek loop trail (0.7 km)
2. Sandhill Side trail (1.2 km)
3. Tower Rd to East Turtle Creek culvert (2 km)
4. East Turtle Creek culvert to Berryton (8.6)
5. Berryton to Prosser Ridge (7.1 km)
6. Prosser Ridge to Kent Rd (9.9 km)
7. Hayward Pinnacle side trail (2.1 km)
8. Kent Rd to Elgin-Fundy Rd (10.5 km)
9. Elgin-Fundy Rd to Old Shepody Rd (5.8 km)



Figure 7: The peaceful river that follows the Dobson Link Trail inside Fundy National Park.

Rustic Cabins

Ever dream of overnighting in a little cabin in the woods, away from it all? You can do just that in Fundy National Park. Three fully insulated rustic cabins are available for rent year-round through the Parks Canada Reservation System. They are located along Hastings Road, Maple Grove Trail and the Black Horse Trail. They offer great views of the Bay of Fundy. These remote cabins can only be reached by hiking or biking in the summer and snowshoes or skis in the winter. Distances vary for each cabin. When you reach your destination, enjoy the night sky, and sounds of nature... and just relax.



Figure 8: Hastings rustic cabin is one of 3 cabins available in the backcountry.

What does the Fundy Backcountry offer?

“I took a walk in
the woods and
came out taller
than trees.” –
Henry David
Thoreau

The backcountry is a place to get away from the crowds and connect with nature. You will find peace and maybe a few other hidden gems.

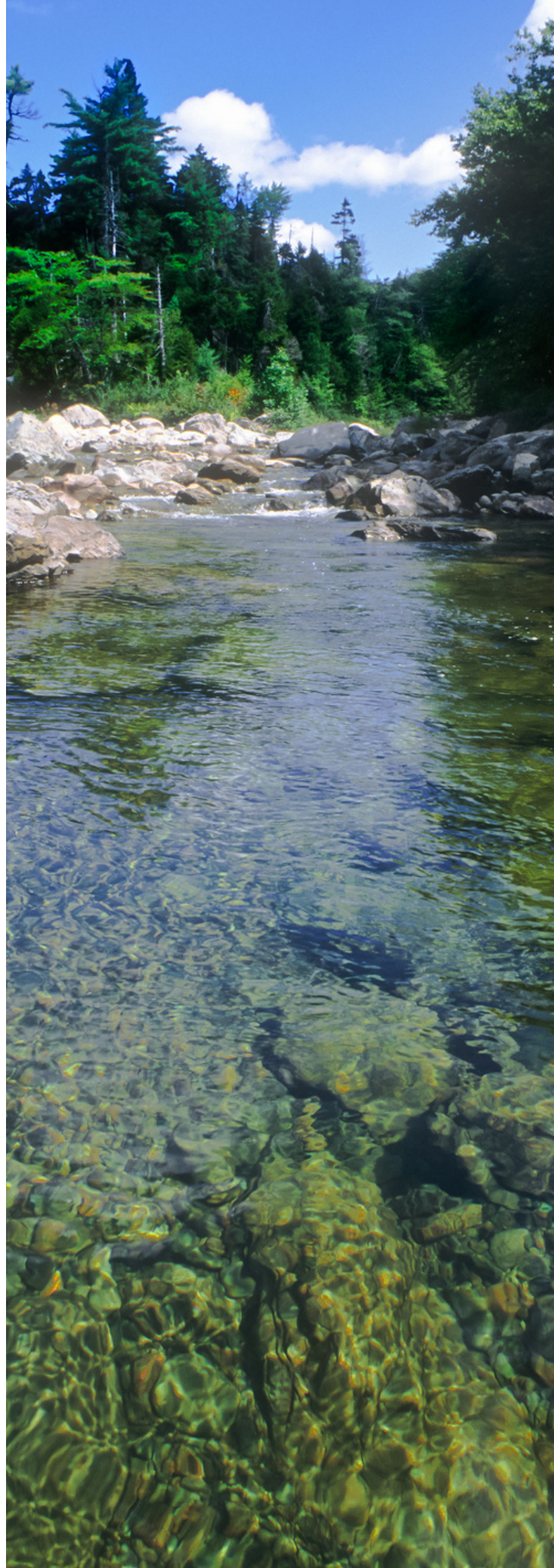


Figure 9: The crystal clear water of the Upper Salmon River..

Start Planning Your Backcountry Trip

Plan ahead, follow signage instructions, and always be prepared. It's important to note that search and rescue capacity may be limited, could take a long time, and cell phone coverage is not available everywhere in the park. Consult the following section for more information or go to our website. Whether you're out for a leisurely hike or a longer adventure, always remember to check the latest weather and trail conditions. We also recommend submitting a trip plan using AdventureSmart so that someone can check to ensure you arrive safely.



Figure 10: Hikers reviewing itinerary for their backcountry trip.

Reserve

Due to a limited number of backcountry sites, it is recommended to reserve prior to arrival. Payment will be requested upon reservation.

To reserve your backcountry site, please call 1-877-737-3783 or reserve online at reservation.pc.gc.ca.

Operating Season: Victoria Day weekend in May until the end of October

Equipment

This list is not exhaustive, but includes some of the basic necessities you will need on your journey! Download the Parks Canada App where you can edit and save your own packing checklist.

- Sleeping: Tent, tarp, backpack, sleeping bag, sleeping pad and pillow.
- Lighting: Flashlight, lantern or headlamp.
- Personal gear: active clothing, warm clothing, rain gear, toiletries, toilet paper, hiking boots, camp shoes, river crossing shoes.
- Personal safety: whistle, first aid kit, sunscreen, bug repellent, knife.
- Navigation: Topographic map, compass, watch, GPS .
- Cooking & Hydration: bowl and utensils, camp stove, cookware, food, water filtration or purification system, reusable water bottles, matches or fire-starting kit.
- Food & Garbage: Plastic bags to pack out garbage and rope and bag to hang food and toiletries (some sites provide bear poles for this purpose).
- Repair: Duct tape, spare batteries, general repair kits.

Getting Here

Fundy National Park is located near the Village of Fundy Albert, New Brunswick, on provincial Highway 114.

By Car

- From Fredericton: take Trans-Canada Highway 2 east towards Moncton, turn south at exit 365 at Coles Island onto Highway 10. This will take you to Sussex. At Sussex follow Highway 1 towards Moncton. Then take Route 114 at exit 211.
- From Saint John: take Highway 1 east towards Moncton. Then take Route 114 at exit 211.
- From Moncton: head to Riverview and then travel southwest on Highway 114.

By Bus

There is no public transportation directly to or from the park. The nearest bus terminals are in Sussex and Moncton.

By Plane

Airports are in Moncton, Saint John and Fredericton.

Kiosk Hours

Headquarters Visitor Centre:

- May 19 to October 31: Daily – 8:00 a.m. to 7:45 p.m.
- November 01 – May 18: Monday-Thursday– 10:00 a.m to 6:00 p.m
- November 01 – May 14: Friday-Sunday – 9:30 a.m to 7:00 p.m

Wolfe Lake Visitor Centre:

- May 19 to September 5: Daily – 8:00 a.m. to 7:45 p.m.
- September 6 to October 11: Daily – 10:00 a.m. to 5:45 p.m.

Registration

For safety reasons, all backcountry campers must register (check-in) with park staff at a visitor centre before proceeding to their reserved campsite. Check-in must be completed in time for campers to reach their destination in daylight hours.

Permits will be issued upon registration at one of the visitor centres located at both entrances of the park. A fire permit will also be issued and is required per night in the backcountry. Cut firewood is available in a shelter near each backcountry campsite.

You will be required to purchase a Park Entrance Pass when you register for your campsite.

Please display a copy of your camping and entrance permits on your vehicle dash before hiking out. Keep the second copy of the camping permit on your person.

After-hours registration is not available.

Check-in

Any time on the date of arrival, provided you have already registered. Please keep in mind that the site may be occupied until 11:00 a.m.

Check Out

Backcountry sites must be vacated before 11:00 a.m.

It is important that we know you have safely completed your journey. Prior to leaving the Park, please drop off your camping permit at a visitor centre.

If this is not possible, you must notify us by phone at 1-506-887-6000 and speak to a staff member or leave a message. Your cooperation is greatly appreciated.

Fees

Entry Permits are required for all activities in the park throughout the year. Visitors have the option of purchasing Daily, Seasonal or Discovery Passes available at visitor centres and entrance kiosks.

Backcountry Use and Camping:

Backcountry site/per person: \$12.75 + park entry fee

Fire permit/night: \$13.45

Park Admission*:

Admission	Daily	Seasonal	Discovery
Adult	\$8.50	\$41.75	\$72.25
Senior	\$7.50	\$36.75	\$61.75
Youth (17 and under)	Free	Free	Free
Family/Group	\$16.75	\$83.75	\$145.25

*Early bird pricing is available for seasonal passes until June 14th. The prices for admission to the park and backcountry permits shown above are for the 2023 season and are subject to change.

Parking

Goose River, Marven Lake or Chambers Lake

The picnic area next to the Point Wolfe Covered Bridge is the dedicated parking area for hikers planning to hike to Marven Lake, Chambers Lake or Goose River. Chambers Lake and Marven Lake are also accessible from the parking area at Bennett Lake via the Bennett Brook Trail.

Foster Brook

Foster Brook has a designated parking area at the trailhead.

Tracey Lake

The Bennett Lake day-use parking area can be used to reach the site located at Tracey Lake.

Fundy Circuit

If you are planning to embark on the full 50 km Fundy Circuit, the dedicated parking area is the Upper Salmon River Trail parking lot located near the Headquarters Visitor Centre. Do not leave your vehicle at the Headquarters Visitor Centre parking lot.

Backcountry Guide

Safety

Know

Before You Go

All outdoor activities involve some degree of risk. Remember that your safety is your responsibility. Be well prepared for your chosen activity and route. If you need advice, speak with a park attendant at a visitor centre or a campground kiosk.

Safety Tips:

- Let someone know where you are going and when you plan on being back.
- Bring adequate food, water, and clothing with you for your hike.
- For your safety, stay on the trail.



Figure 11: Hiker on the Goose River Trail.

Getting Ready

Before embarking on a backcountry hike, you will need to assess your experience level and readiness.

Experience level

Backcountry hiking in Fundy National Park is for hikers with experience on difficult terrain, carrying extra weight, overnight camping and the ability to deal with unexpected challenges such as weather, wildlife, river crossings, and various trail conditions.

Experienced hikers must know what to bring, how to pack, proper clothing and layering, how to start a fire, how to cook over a fire or campstove, how to get fresh water, how to navigate with a map and compass and know first aid and how to practice prevention. Hiking with a partner or in a small group is preferable. The maximum group size is eight.

Are you ready for:

- Rugged, uneven ground?
- Accidents and injuries such as blisters or potential knee, back or ankle injuries?
- Slippery conditions on muddy trails, wooden surfaces, boardwalks, stairs, and cobblestones?
- Wading across creeks and rivers, climbing stairs and steep terrain, following an irregular trail and negotiating steep switchbacks and earth slumps?
- Damaged trail structures or obstacles?
- Interaction with wildlife, including bears, coyotes and snakes.



Figure 12: Hiker on the Goose River Trail.

Water & Mud



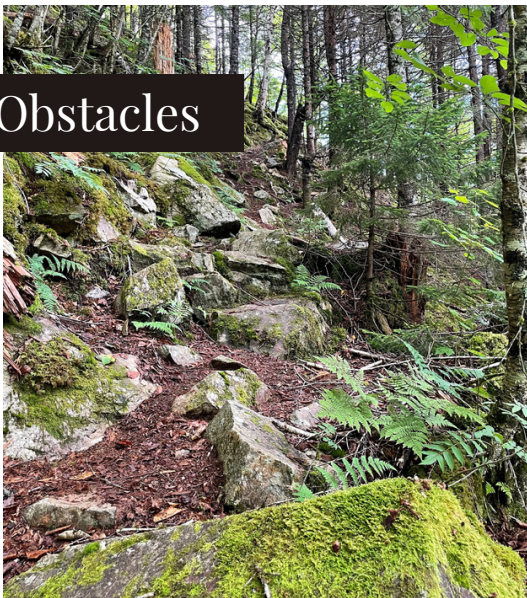
Depending on the season and weather, some sections may be wet and muddy. Picture of Goose River Trail.

River Crossings



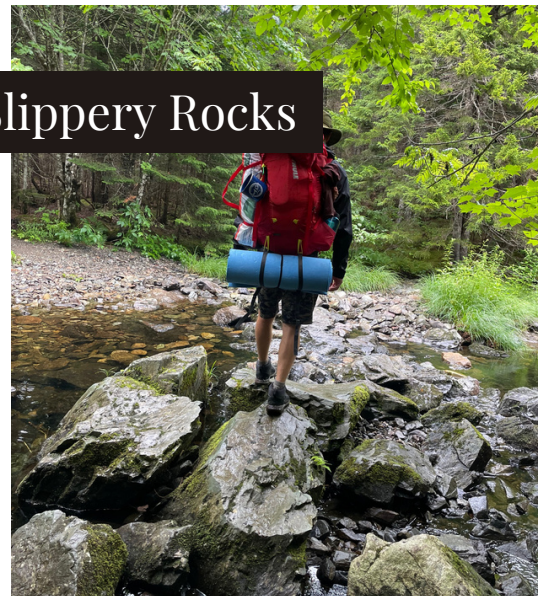
Several river crossings like this one at the Point Wolfe River exist in the backcountry. Water levels will vary.

Obstacles



Large rocks, roots, and uneven terrain are common in the backcountry. Picture of Bennett Brook Trail.

Slippery Rocks



Rock hopping across streams and rivers on Tracey Lake Trail.

Switchback



Steep switchbacks are common going up and down valleys, like in the Bennett Brook Trail, for instance.

Slippery Surfaces



Boardwalks can sometimes be slippery due to wet leaves and other debris. Bridge located on Marven Lake Trail.

Pools & Waterfalls



Small waterfall and swimming hole located on Bennett Brook; others can be found on the Upper Salmon River Trail.

Coastal Views



Dramatic vista along the Goose River Trail.

Minimizing Risk

Rugged and Remote

Deep in the Fundy Highlands Plateau and the mixed Acadian Forest, it is common to see dramatic changes in the landscape and terrain. Rescues can take time. You are ultimately responsible for your own safety.

Temperatures

Fundy National Park lies within two climate zones: The Bay of Fundy's and southern New Brunswick's. Cool summers and mild winters characterize the Bay of Fundy Zone while the southern New Brunswick Zone has warm summers and cold winters with more snow.

Check the weather regularly and plan accordingly. Weather can change quickly and be unpredictable at times. Strong thunderstorms, heavy rainfall and heavy fog can occur at any time without any warning. Be prepared.

Month	Low	High
May	3°C / 37°F	14°C / 57°F
June	10°C / 50°F	20°C / 68°F
July	12°C / 53°F	23°C / 73°F
August	11°C / 52°F	22°C / 71°F
September	6°C / 43°F	17°C / 62°F
October	1°C / 34°F	10°C / 50°F

Sunrise and Sunset Times

Please allow sufficient travel time to reach your campsite in daylight.

Date	Sunrise	Sunset
May 21	05:49 AM	08:54 PM
June 21	05:39 AM	09:14 PM
July 21	06:00 AM	09:03 PM
August 21	06:35 AM	08:25 PM
September 21	07:12 AM	07:23 PM
October 21	07:49 AM	06:29 PM

Minimizing Risk

River Crossings

Several trails in the park have river crossings. When water levels are high, crossing the river can be dangerous. Water levels are monitored and crossings are closed when conditions are hazardous. At these times, signs are posted at the trailhead to indicate the closure. If you are unsure about water conditions, don't take a chance.

Bears in the Backcountry

Black bears live in Fundy National Park and are occasionally seen on the trails. Take precautions and be prepared for an encounter with a black bear. Bring legal bear deterrents (visit our [website](#) for more information); be informed and ready for their proper use. Firearms are strictly prohibited in Fundy National Park.

Water

Drinking water is available from most rivers and creeks. We advise all backcountry hikers to fine filter, treat or boil their drinking water. Be sure to stock up on water prior to starting your daily hike.

Trail Markers

All trails located in the park are blazed and contain standard blue hiker tags installed at eye level on trees along the trail.

Cell Phone Service

Cell phone service is unreliable in certain areas of the park, especially in the backcountry. Do not rely on cellular service for communication or navigation. Bring hard copies of maps, and ensure that you share an itinerary with someone before you go.

Doctors and Veterinarians

We hope you won't require medical attention while on vacation, however, if you do, there is a medical clinic and a pharmacy approximately 30 minutes from Fundy National Park located in Riverside-Albert. The closest permanent veterinary service is in Sussex or Riverview, an hour's drive from Fundy National Park.

Rules & Regulations

Garbage

- Bags are provided upon registration. Please, pack out all garbage.
- Dispose of compost garbage in the green bags and put all other garbage in the clear bags.
- Garbage containers are located at all trailheads.
- Please dispose of recyclable beverage containers in designated bins.
- Do not burn or dump garbage in the fire pits or pit privies.

Fire Policy

- Campfires are only permitted inside a designated fire pit using firewood provided by Fundy National Park.
- Firewood is available in a wood shelter near your site.
- A fire permit is required and will be charged upon reservation for each site booked in the backcountry. All funds from fire permits go towards providing wood in the backcountry.
- Only use the firewood you need.



Figure 13: Firewood shelter near Goose River backcountry site GR6.

Pet Policy

Pets pose a threat to wildlife, especially young animals and birds that nest on the ground. For the security of your pet and the security of others, pets must be kept on a leash at all times and are never to be left unattended. You must pick up after your pet at all times.

Quiet Hours

Many visitors travel to the backcountry to escape the noise of everyday life and we ask you to help contribute to creating this peaceful experience for everyone.

Reservations

Hikers must respect that backcountry campsites are privately booked and are not to be used without a reservation. Hikers should not disturb those camping in the backcountry. If someone is located on your site, politely ask them if a reservation was made in advance, and if they have their receipt to confirm they are on the right site.

Wildlife & Plants

In nature, animals are in their home and you are a visitor. We encourage all visitors to observe wildlife from afar, give animals space, store food securely and keep garbage and food scraps away from animals.

The forest floor is covered with carpets of moss, wood fern and bunchberry. By mid-to-late summer, the bright red clumps of the bunchberry fruit are very common. Blueberries and raspberries are also common along the trails. While they may look like an inviting snack, it is against park rules to pick or disturb plants found in the park. Ingesting the wrong plant or berry could cause serious illness or discomfort; they are also an important food source for a variety of wildlife.



Figure 14: The red squirrel is a very common sight along Fundy's trails.

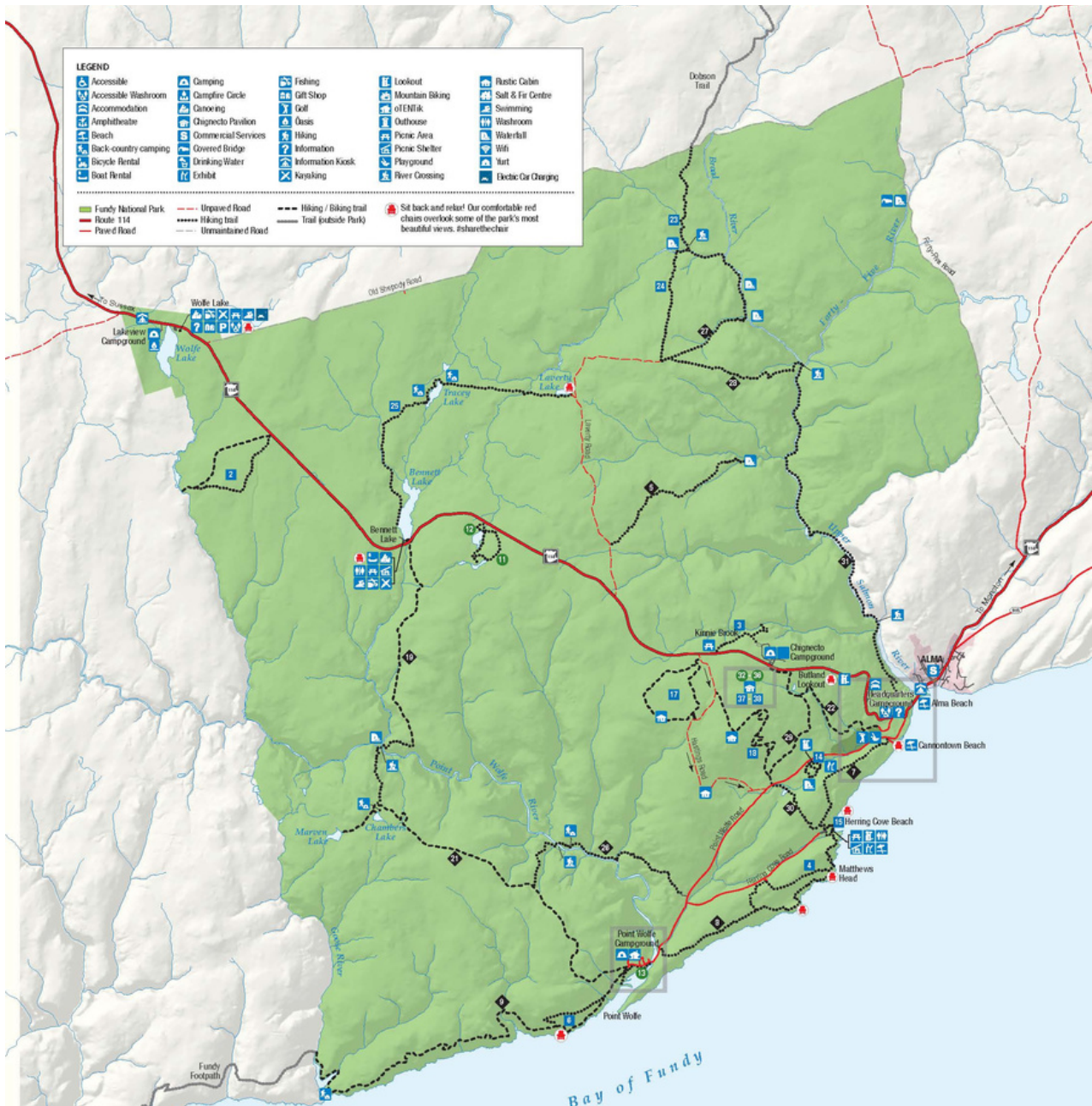


Figure 15: Fundy National Park summer trail map.

Backcountry Trails

Fundy National Park offers diverse backcountry camping experiences. Depending on your destination, you need to be ready for just about anything. Some trails will take you on relatively flat and straight trails, while others will include rolling hills, steep switchbacks or even lead you through rivers.

In the next section of the guide, you will learn more about the journey on each section of trail leading to your desired backcountry site in Fundy National Park. Remember to follow the blue trail markers along the trail. Topographic maps are available for a fee at the Headquarters Visitor Centre, along with tide schedules.

Trail Descriptions

Marven and Chambers Lake: Located next to two inland lakes, the backcountry campsites are reached by backpacking or mountain biking the Marven Lake Trail or the Bennett Brook Trail. The first 2 km of the Marven Lake Trail are on a very steep uphill grade. The remainder of the trail follows a former carriage trail and has more gradual elevation changes. You will need to bypass some wet areas along the trail. Chambers Lake campsite can be reached 8.25 km from the trailhead, while the Marven Lake site is an extra 0.8 km down the trail.

You also have the option to travel on the Bennett Brook Trail via Bennett Lake to reach these sites. The first 5 km of the Bennett Brook Trail have moderate elevation changes travelling on an old carriage trail. The final 3 km drop sharply into the Point Wolfe River valley where you will find a small waterfall near the Bennett Brook and Point Wolfe River intersection. You will have to ford Bennett Brook and Point Wolfe River along this section, then hike up the steep valley through a series of switchbacks to the Chambers and Marven lakes area. You would have to carry your mountain bike on this section of the trail.



Figure 16: The old carriage trail used in the 1800's along the Bennett Brook.

Tracey Lake: Tracey Lake backcountry campsites are reached by hiking the Tracey Lake Trail from either the Bennett Lake day-use area or Laverty Lake. The entire length of the trail has gradual elevation changes. From Bennett Lake, campsite # 11 will be found 3.3 km from the trailhead. Campsite #12 is located 0.9 km further along the trail. There is a stream that must be crossed part-way to Tracey Lake. This stream can be difficult to cross after heavy rains. From Laverty Lake, campsite # 12 will be found 2.7 km from the trailhead. Campsite #11 is located 0.9 km further along the trail. This section of the Tracey Lake Trail tends to remain very wet.

Trail Descriptions

Goose River: Located at the southwest park boundary, sites 4, 5 and 6 are reached by hiking or biking the Goose River Trail. This coastal trail offers endless views of the Bay of Fundy. The Goose River Trail is rated as difficult due to the many dramatic elevation changes found along the trail and due to its length (11.9 km one-way). Be ready for steep switchbacks, rolling terrain, and sudden turns. Note that cyclists must yield to hikers. Always use caution while riding. This trail is also a good option for a day hike and mountain biking for advanced riders only.

The Goose River campsites can also be accessed via the Fundy Footpath, a rugged hiking trail that leads to Fundy National Park from Saint Martins. If arriving via the Footpath, please ensure you make a reservation to camp at the Goose River campsites before heading out. Campsites GR4 and GR5 are situated at the top of a cliff overlooking the Bay of Fundy. Site GR6 is located on a beach next to the Goose River and faces the bay. The descent to the beach is very steep.



Figure 17: The Goose River trail crosses several brooks that flow into the Bay of Fundy.

Foster Brook: Located next to the Point Wolfe River, this backcountry campsite is reached by backpacking the Foster Brook Trail or a portion of the Marven Lake Trail to the Foster Brook Trail. The first 1.9 km of the Foster Brook Trail starts with a steady uphill climb, followed by a very steep descent into the Point Wolfe River valley. The next 1 km to the campsite follows the river upstream and has more gradual elevation changes. If accessing the campsite from the Marven Lake Trail, the first 2 km of the Marven Lake Trail are on a very steep uphill grade. The balance of the trail to the junction with the Foster Brook Trail has more gradual elevation changes. From here, it is a 1.4 km very steep descent into the Point Wolfe River valley. At this point, you will have to ford the Point Wolfe River. The campsite is located a short distance downstream from the river crossing.

Trail Descriptions

The Forks: To complete the Fundy circuit, you will need to follow the Lavery Road which will lead you to the parking area entrance for Lavery Falls, and the Forks and Moosehorn trails. Start by going down Moosehorn Trail for 200 meters until you find the Forks Trail on your right. The Forks Trail begins through a beautiful stand of hardwoods, filled with lichens before descending rapidly to the Broad River where you will find remarkably deep pools, which create excellent spawning habitat for the Inner Bay of Fundy Atlantic salmon in the fall. To continue your way toward the Headquarters area, you will need to cross the Broad River using the guide rope attached at both ends. The Forty-Five River, which also joins the Upper Salmon River, from which comes the name The Forks, comes immediately after and must be crossed.



Figure 18: The Forks Trail ends with a river crossing to reach the Upper Salmon River Trail.

Upper Salmon River: This is the final section of the Fundy Circuit, which follows the rocky terrain of this river valley trail which proves to be challenging at times, in addition to the three river crossings that force hikers to remove their boots. The reward: crystal clear swimming pools and rugged river rapids, perfect for wading, swimming, or simply watching. Keep your eyes open for the majestic Inner Bay of Fundy salmon. A total of 8.2 kilometres will bring you to the trailhead located next to the Headquarters Visitor Centre at the east entrance of the park.



Figure 19: The Upper Salmon River Trail overlooking the river below.

Backcountry Guide



Site Descriptions

Figure 20: Paddling to Goose River backcountry site.

Backcountry Camping

What We Offer

- Each designated campsite provides a tent pad, a fire pit and benches.
- Pit privies are located at each site. These are checked and cleaned by park staff regularly.
- Plastic bags are provided upon registration. Never leave garbage in the backcountry.
- Firewood is provided at a woodshed near all campsites.
- Bear poles have been installed to hoist food. Never leave food unattended.

Marven & Chambers Lake

Two sites: CM1, CM2

Situated deep in the Fundy Highlands, both Chambers and Marven lakes offer a peaceful retreat close to two shallow lakes that are home to a variety of wildlife, including moose, bullfrogs, ducks and a particularly rare amphibian, the four-toed salamander.

What to expect:

- No running water sources.
- Close proximity to lakes.
- Private, tree-covered sites.

Insiders tip:

- Though the lakes are fairly large, they are not ideal for swimming
- Keep your eyes open for the white belly of a Four-Toed salamander; it is the only known lake in New Brunswick to host this unique species.

Capacity:

- Chambers Lake site CM1 - 4 people, 1 tent.
- Marven Lake site CM2 – 8 people, 2 tents.



Figure 21: Backcountry site CM1 located near Chambers Lake.



Figure 22: View of Chambers Lake, a few steps from backcountry site CM1.



Figure 23: Backcountry site CM2 located near Chambers Lake.

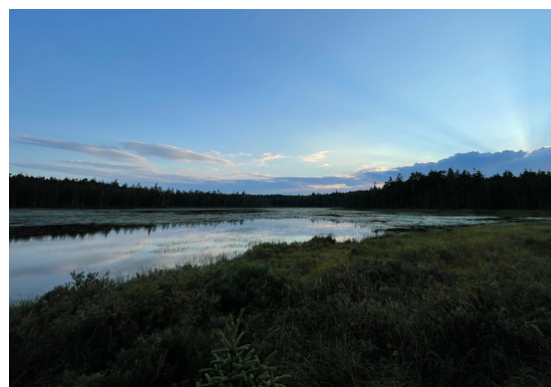


Figure 24: View of Marven Lake, walking distance from backcountry site CM2.

Tracey Lake

Two sites: TL11, TL12

Explore a remote area dominated by inland lakes, scrub forests, and a bog. Take in the chorus of bullfrogs, green frogs, wood frogs and spring peepers that make this area such a magical place.

What to expect:

- No running water sources.
- Views and access to Tracey Lake.
- A short hike to Bruin Lake or Lavery Lake.

Insiders tip:

Be on the lookout for three Canadian icons as you travel the 7 km Tracey Lake Trail: moose, loons, and beavers are commonly seen on this hike.

Capacity:

- Tracey Lake site # 11 – 4 people, 1 tent.
- Tracey Lake site #12 – 8 people, 2 tents.



Figure 25: Enjoy the unobstructed view of Tracey Lake from site TL12.



Figure 26: Backcountry site TL11, tucked in the forest beside Tracey Lake.

Goose River

Three sites: GR4, GR5, GR6

Enjoy the breathtaking scenery while you stay in the most remote backcountry sites in Fundy National Park. The Goose River backcountry campsites are well known for their dramatic vistas that will keep you in awe.

What to expect:

- Campsites #4 and #5 are situated at the top of a cliff which overlooks the Bay of Fundy.
- Site #6 is located on Goose River Beach and faces the bay.
- Witness the dramatic changes in the tides on the Goose River.
- Be ready for the possibility of high winds on the beach.

Insiders tip:

The Goose River Beach backcountry campsite is amongst the most beloved; have you ever experienced the sunrise from your own private beach? Make sure to enjoy the uninterrupted and beautiful night sky from the beach

Capacity:

- Goose River sites #'s 4 and 5 – 4 people, 1 tent each.
- Goose River site #6 – 8 people, 2 tents.



Figure 27: Backcountry site GR4 located on the top of the Goose River valley, offering breathtaking views.



Figure 28: Backcountry site GR5, is a partially shaded site offering dramatic views of the Bay of Fundy.



Figure 29: Backcountry site GR6, located on the shore of the Bay of Fundy.

Foster Brook

One site: FB10

Fall asleep to the babbling of the river at Foster Brook's backcountry campsite.

What to expect:

- The site is located next to the Point Wolfe River.
- Offers plenty of space.
- Is private and away from the main trail.

Insiders tip:

Explore the area where you will find small viewpoints and multiple swimming holes just waiting to be discovered!

Capacity:

Foster Brook site # 10 – 8 people, 3 tents.

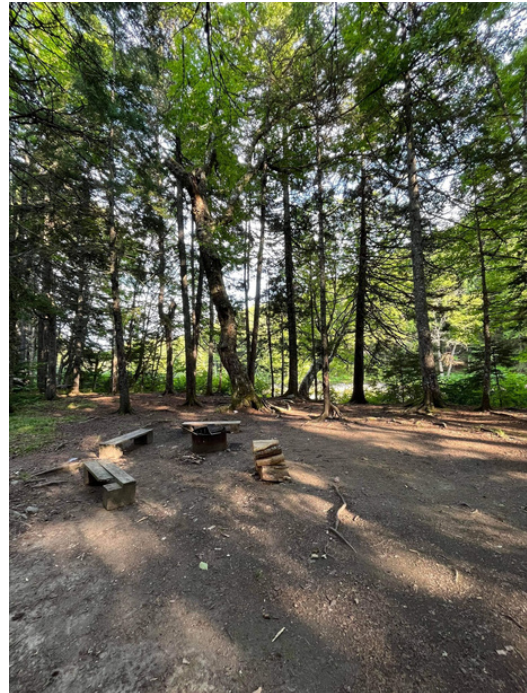


Figure 30: The large and open backcountry site FB10.

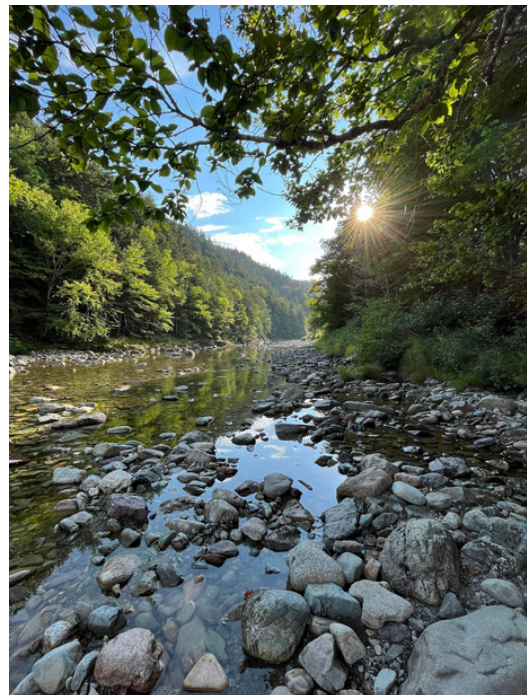


Figure 31: The soothing waters of Foster Brook.

Info & Resources

Trip Planning Resources

Adventure Smart (www.adventuresmart.ca)
hikesafe.com

Fundy Footpath & Dobson Trail Info

Facebook; Fundy Hiking Trails Association: Fundy Footpath-Dobson Trail
Website: fundyhikingtrails.com

Fundy Trail Parkway

Website: fundytrailparkway.com
Tel:(506) 833-2019
TF: (866) 386-3987

Communities

Town of Sussex (www.sussex.ca)
Village of Fundy Albert (www.fundyalbert.ca)
Village of Saint Martins (www.stmartinscanada.com)

Tourism New Brunswick

TF: 1-800-561-0123
Website: www.tourismnewbrunswick.ca

Airports

Greater Moncton International Airport (YQM)
777 Aviation Avenue, Unit 12
Dieppe, NB CANADA
E1A 7Z5
Telephone: (506) 856-5444

Saint John Airport (YSJ)
4180 Loch Lomond Road
Saint John, NB E2N 1L7, Canada
(506) 638-5555
info@ysjsaintjohn.ca

Fundy National Park

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