



Nááts'ihch'oh
National Park Reserve

Mahsi nahé neṇeṇ k'e ahtj

WELCOME TO OUR HOMELAND



Parks
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Nááts'jhch'oh (Mount Wilson)
Nááts'jhch'oh, the mountain, has díígóꞤo
(prehistoric power) and díí náátse (strong,
sacred presence). It is a sacred place and is
closed to visitors.

*“ Our people used to bring their
children to this mountain for
help to have a good life and
be strong in the future. It also
brings them medicine power.”*

- Frederick Andrew

Joanne and Niah Krutko



“ They always said, you go there, you do a special offering, do something, give something back. Otherwise you’ll take away (destroy) whatever it is providing you to heal yourself.” - Leon Andrew

Paying the land and water

Before embarking on a trip, travellers pay the land and water with something of value. Elders encourage visitors to make an offering for safe passage and good weather. A small pinch of tea or tobacco can be used. Following these cultural protocols ensures a respectful journey.

Gaᑭfáá (hot springs)

Gaᑭfáá are sacred sites known for their healing properties. In Nááts’ihch’oh National Park Reserve, visitors are welcome to soak in the hot pools. Elders ask visitors to leave a small offering of tea or tobacco in the creek as they approach the springs. Camping is not allowed at any gaᑭfáá in the park.

William Horassi



Ethel Blondin-Andrew and Leon Andrew



Delanie McDonald and Izac McKay



Eric Bayha



Trina and Emily Etchinelle



Wilfred Lennie and Trina Etchinelle



Lisa McDonald

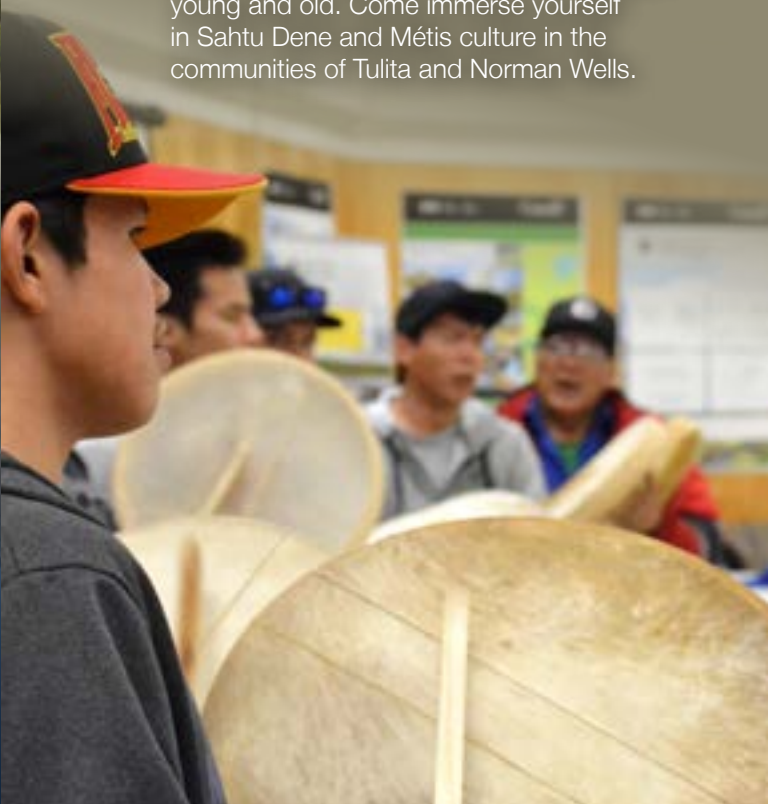
Photo: Jean Polfus

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*“The land defines us as a people.
It is entrusted to me to watch over it
as I grow older.”* - Jaryd McDonald



The Sahtu Dene and Métis are at the heart of a cultural landscape that features sacred sites, ancient travel routes, and stories both young and old. Come immerse yourself in Sahtu Dene and Métis culture in the communities of Tulita and Norman Wells.



1-867-588-4884
www.parkscanada.gc.ca/naatsihchoh