



**Legend**

- Beach
- Forest
- Marsh
- Pond
- Bicycle & Hiking Trail, year-round
- Bicycle & Hiking Trail, seasonal\*
- Canoe Route
- Dangerous Currents
- Footpath\*\*
- Main Road
- Walking/Hiking Trail\*\*\*

\* Walking trail only during spring birding season (mid April through May)  
 \*\* Footpaths are unmaintained and narrow  
 \*\*\* Trails are maintained with crushed gravel or boardwalk sections

Please note, with the exception of mobility assistance devices, motorized vehicles, including eBikes, are not permitted on any park trails.

- Barrier Free Access
- Beverage/Snack
- Bicycle Rentals
- Bicycle Trail Access
- Camp Henry oTENTik Village
- Canoe/Kayak Launch
- Canoe/Kayak Rentals
- Electric Vehicle Charging Station
- Emergency Telephone
- Gift Store
- Lookout
- Observation Tower
- Parking
- Picnic Area
- Picnic Shelter
- Playground
- Shuttle
- Swimming
- Vending Machine
- Visitor Information
- Water Bottle Refill Station
- Washrooms
- Washrooms (Seasonal)

**WARNING**  
**DANGEROUS CURRENTS AT THE TIP**

The Tip is surrounded by dangerous currents and undertows. Swimming, even wading, in the water has led to many **DROWNINGS**.

For your safety, **DO NOT ENTER** the water past the Tip Exhibit Area.

Capture the moment safely - stay on the sand!

Trail Name	Length	Rating and Features
<b>1</b> Centennial Hike and Bike Trail	6 km (one way)	M - some inclines and sharp turns
<b>2</b> Marsh Boardwalk	1 km(loop)	E - boardwalk trail, exhibits and observation tower
<b>3</b> DeLaurier Homestead & Trail	1 km (long loop) 0.25 km (short loop)	E - some boardwalk sections, red chairs, exhibits and lookout
<b>4</b> Chinquapin Oak Trail	4 km (loop)	E - access to park cemetery site
<b>5</b> Tilden Woods	1 km (loop)	E - some boardwalk sections and exhibits
<b>6</b> Shuster Trail	0.5 km (one way)	E - boardwalk section, access to East Beach
<b>7</b> Woodland Nature Trail	2.75 km (loop)	E - some boardwalk sections and exhibits, trail guide available
<b>8</b> Tip Trail	0.5 km (one way)	E - some boardwalk sections and exhibits, observation tower

E - Easy, flat terrain      M - Moderate, some varied terrain      Barrier Free Trail