

## The **contemplative** itinerary





- 2 St Maurice Lookout Enjoy a stunning view of the St-Maurice river.
- **8** Lac Bouchard Picnic Area
  A lake, a pergola, a lovely view, and a
  charming little waterfall = pure happiness!
- Wide -Bouteille Lookout

  Magnificent lookout point bordered by a wooden boardwalk. Come have your picture taken in our giant red chair!
- Up for a few stairs? The reward awaits you at the bottom with a breathtaking view.
- Visit the Shewenegan PicnicArea before heading to the Cascades! ★
  After a short, easy hike through the Shewenegan Picnic Area and across the iconic "M" Bridge, you can then cool off in the rushing waters of the Cascades.
- 63 Saint-Mathieu-du-Parc Entrance