



## Help us protect this habitat

Vegetation in the **supralittoral zone** (above high tide) includes species whose deep roots hold the soil in place and help prevent **shoreline erosion**.

- Use the **designated trails** and stay in the **vegetation-free zone** when walking on the seashore.
- Avoid disturbing wildlife and be sure to leave natural objects such as rocks, plants, and fossils where you found them.
- **Be attentive** and **keep your distance** from seabirds; they are particularly vulnerable to disturbance.

## Need more information?

Havre-Saint-Pierre Visitor Centre  
418-538-3285

Longue-Pointe-de-Mingan Visitor Centre  
418-949-2126



## Did you know that...

- The name of the island refers to the natural haven for fishermen.
- Although close to the village, the change in scenery is dramatic. As soon as you leave the marina, you can see a **captain's** profile in the cliff on the northeast side of the island. Another profile called **Cap Esquimau** emerges from the landscape as your angle of perspective changes.
- Imagine life on this island over a hundred years ago... Some families have lived there. Their facilities were located on the north side of the island.
- In the mid-1920s, the Hudson Bay Company operated the Mingan Fur Farm where **silver foxes** were raised.
- Île aux Goélands and île à Calculot lie to the south of the island. Île à Calculot was named after the Atlantic puffins that used to live there. Their nickname is **calculot** because of the way they nod their heads - like they're counting.

## Want to know more?

Visit Parks Canada exhibits:

- Havre-Saint-Pierre: *Life stories from the Mingan Islands*
- Longue-Pointe-de-Mingan: *Islands in the sea*



Mingan Archipelago  
National Park Reserve

# ÎLE DU HAVRE



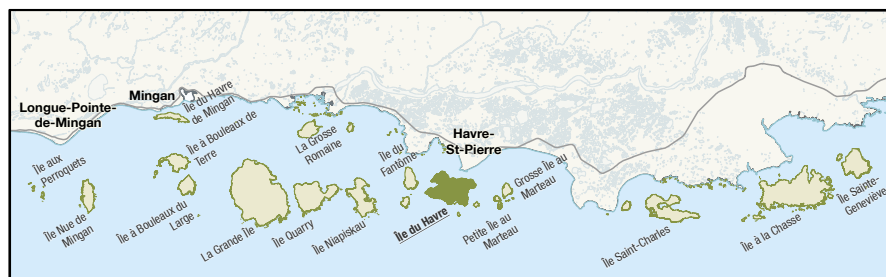
June 2025



Parks  
Canada

Parcs  
Canada

Canada



## Attractions and services



Picnic shelter



Lookout



Group camping



Camping



Tour boat stopover



Ôasis



Outhouse



First aid kit



Hiking

From Anse des Noyés to  
Havre au Sauvage  
(3.0 km)

On the seashore  
(13.1 km)

Area closed during the  
nesting period  
(May 1 - August 31)

Difficult or impassable  
area at high tide

## For your safety

Falling rocks are a hazard near the cliffs, refrain from stopping or from walking underneath overhanging rocks.

At low tide, water and seaweed on the rocks create slippery conditions. Please proceed with caution.

Climbing on the monoliths is dangerous and prohibited.

Limited cell phone access. Plan an adequate communication device.

Island walk-around: 16.1 km

## In case of emergency 1-888-762-1422

## Checklist

Allow **6 to 8 hours** to go around the island and about **1 hour** to get from one campsite to the other.

To ensure a pleasant visit, don't forget :

- Water
- Snacks
- Good walking shoes
- Windbreaker and raincoat
- Binoculars and a camera
- Garbage bags (to pack out your garbage)