

If you see an area covered in angular rocks, a good distance from the sea and dotted with low-growing plants and shrubs, you have found the rocky **barrens**. This habitat is exposed to harsh climate conditions and home to several sensitive plant species, including rare arctic-alpine plants. **Avoid** hiking in the barrens, since this particular habitat is not very resilient.

- Use the **designated** trails and stay in the vegetation-free **zone** when walking on the seashore.
- disturbing Avoid wildlife and be sure to leave natural objects such as rocks, plants, and fossils where you found them.

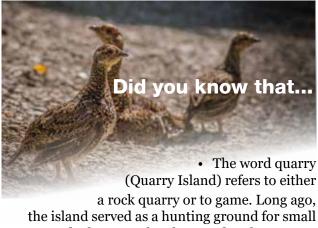


Be attentive and keep your distance from seabirds and shorebirds. They are particularly vulnerable to disturbance.

Need more information?

Havre-Saint-Pierre Visitor Centre 418-538-3285

Longue-Pointe-de-Mingan Visitor Centre 418-949-2126



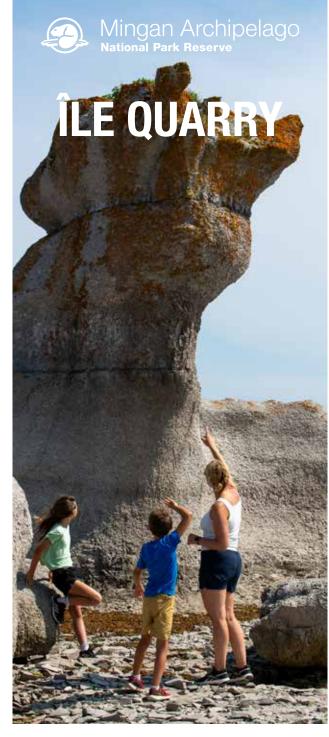
game, ducks, snowshoe hare and seals.

- The boreal forest, consisting mainly of conifers, dominates the landscape. You may come across a fox, a hare or a spruce grouse during your hike.
- One of the famous **monoliths** in Anse des Érosions fell over in 1984 - a sure sign that the slow erosion process is continuous.
- While hiking on the wooden trails, you will discover a **cliff** right in the middle of the forest. This is proof that the sea level was higher in the distant past.

Want to know more?

Parks Canada heritage presenters offer interpretation activities every day on the *Les falaises* trail.





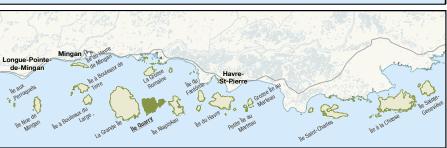












Attractions and services

Picnic shelter

Interpretation activities

Picnic area

Lookout

Camping

Red chairs

Wharf

Tour boat stopover

Monolith

oTENTik

Q Outhouse

First aid kit

Pleasure craft anchorage area

Hiking

on the seashore

Les Cypripèdes (10.9 km)

*** Le Petit Percé (3.8 km)

on a wooden trail

Anse des Érosions (0.6 km)

Les Falaises (1.2 km)

Difficult or impassable area at high tide

For your safety

Falling rocks are a hazard near the cliffs, refrain from stopping or from walking underneath overhanging rocks.

At low tide, water and seaweed on the rocks create slippery conditions. Please proceed with caution.

Climbing on the monoliths is dangerous and prohibited.

Limited cell phone access. Plan an adequate communication device.

Island walk-arouond: 14.7 km

In case of emergency 1-888-762-1422

Checklist

Hiking times vary. Allow:

- 1 1/2 to 2 hours for Le Petit Percé
- 3 ¹/₂ to 5 hours for Les Cypripèdes
- 10 to 20 minutes for Anse des Érosions
- **30 to 50 minutes** for *Les Falaises*

To ensure a pleasant visit, don't forget:

- Water
- Snacks
- · Good walking shoes
- Windbreaker or raincoat
- Binoculars and a camera
- Garbage bags (to pack out your garbage)