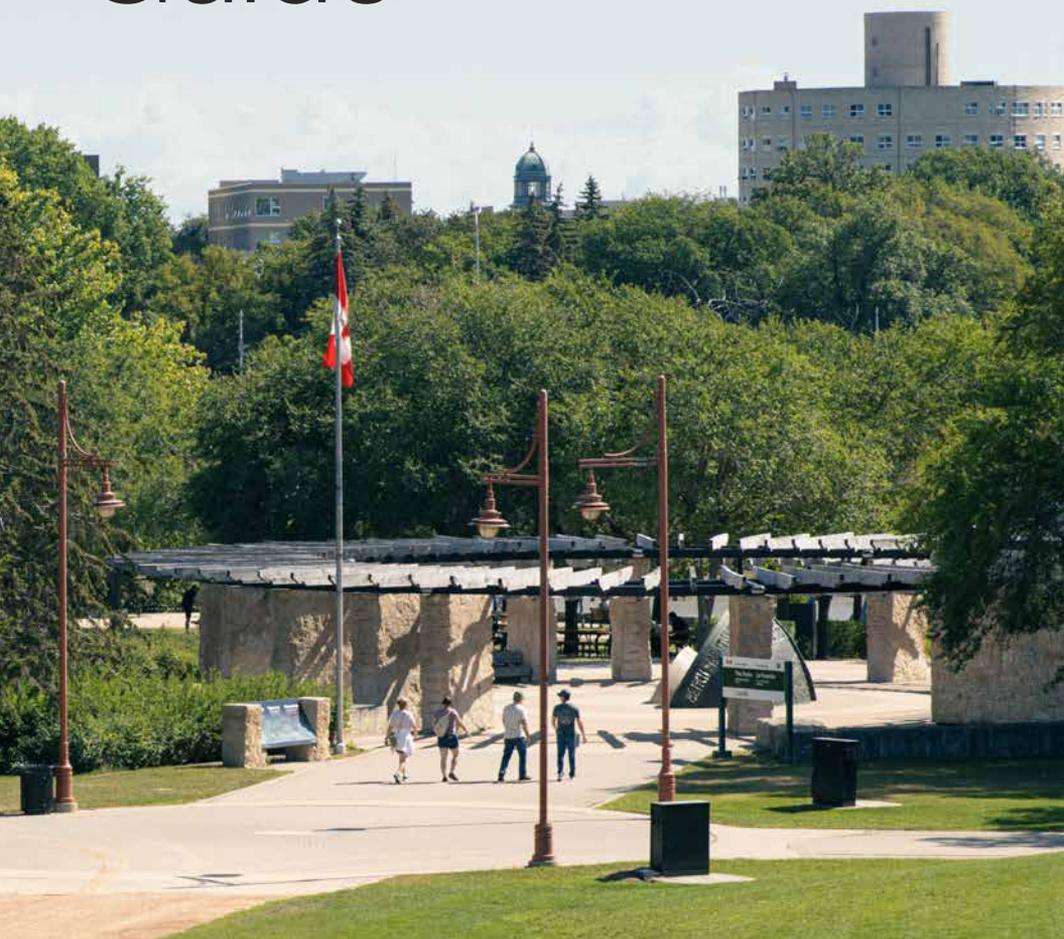




**Parks Canada**

# Manitoba Discovery Guide



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# Parks Canada Discovery Pass

## YOUR GATEWAY TO HISTORY, NATURE AND ADVENTURE

With unlimited admission to over 80 Parks Canada administered destinations from coast to coast to coast for a full calendar year, presenting your Discovery Pass upon arrival earns you fast entry at exceptional value.

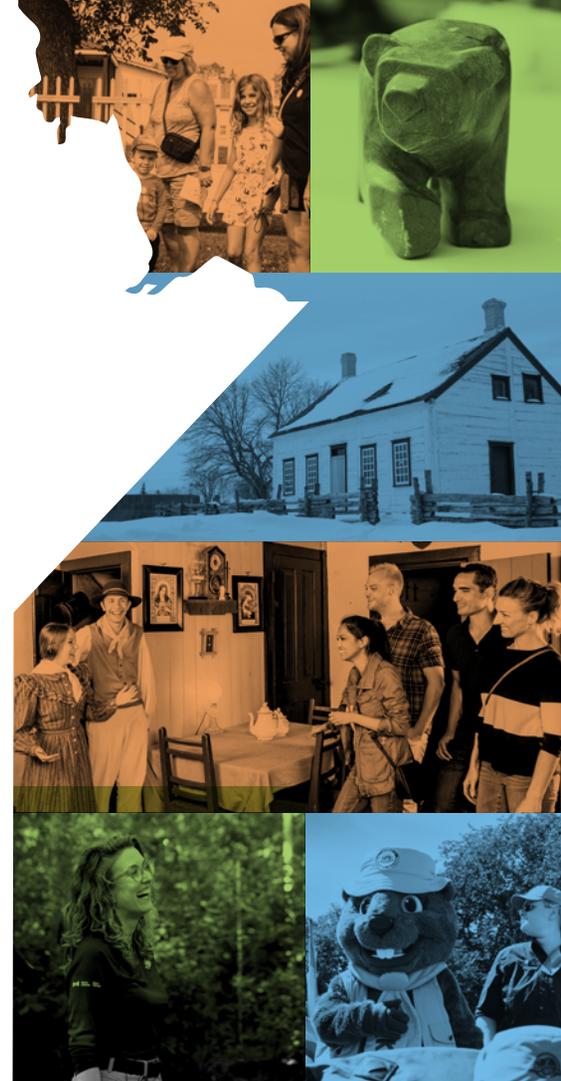
All fees are reinvested in national historic sites, national marine conservation areas and national parks across Canada to help maintain and improve the places you love.

**PURCHASE YOUR  
PASS ONLINE  
AT PARKS.CANADA.CA**



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## Legend

### SERVICES

- Accessible
- Food
- Gift shop
- Picnic area
- Playground
- Red chairs

### ACTIVITIES

- Interpretation
- Cycling
- Hiking
- Canoeing/Kayaking
- Xplorers
- Wildlife viewing

### ACCOMMODATION

- Camping
- oTENTik
- MicrOcube
- Yurt
- Recreational vehicle
- Cabin

# The Knowledge Sharing Series

July - August

Lower Fort Garry National Historic Site  
& The Forks National Historic Site

Immerse yourself in First Nations and Métis cultural perspectives.

On select Saturdays throughout July and August, you have the special opportunity to share in exciting hands-on activities and interactive storytelling from experienced artisans.

Learn something new and come away feeling inspired by Indigenous art and history.



## Parks outreach

Spot the Parks Canada outreach team out and about in Winnipeg!



Play some games, spin the wheel, get a temporary tattoo, and learn about the animals that make Manitoba their home.

You can find the Parks Canada outreach team at the Assiniboine Park Zoo, the Pride Festival, and community events in Manitoba throughout the summer!



# Lower Fort Garry



## Free Admission for Youth

Admission to Parks Canada places for youth 17 and under is free! There's no better time to create lasting memories with the whole family.

## Daily Workshops all Summer

Join us for family-friendly fun that's a mix of education and participation, or have the kids spend a week with us at the Adventurers' Day Camp, presented by Friends of Lower Fort Garry.

## About this site

Lower Fort Garry is a place of firsts. Here, the first numbered treaty was signed with Treaty No. 1 First Nations. This is where a young Western Canada began to take shape.

History will unfold before your eyes at this restored 19th-century fort, where skilled costumed interpreters evoke the spirit of the past on this Red River Settlement. Meet the governor of the Hudson's Bay Company within the fort's historic stone walls, barter with the company clerk or sit under an authentic birch bark dwelling and listen to stories of Indigenous peoples who lived and traded here.

With an on-site restaurant, theatre and gift shop, it'll take you days to fully absorb this majestic site full of grand history and elaborate character.



## Contact us

5925 Highway 9, St. Andrews

**Web:** [parks.canada.ca/fortgarry](https://parks.canada.ca/fortgarry)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)

**Tours:** 204-785-6050

**Friends of LFG:** [folfg.com](http://folfg.com)



## Get there

5925 Highway 9, St. Andrews

### By Vehicle

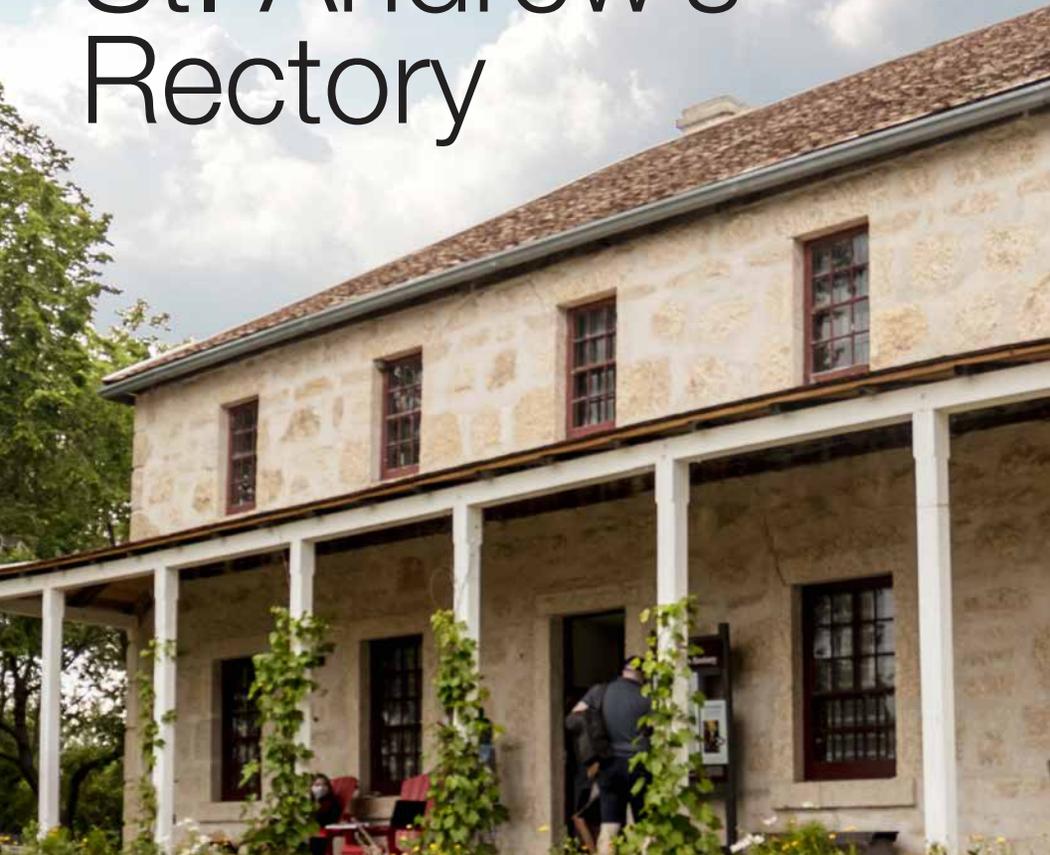
Lower Fort Garry is located just 30 minutes north of Winnipeg, and is easily accessible by private vehicle.

## Try this

### A Walk Through History

Journey through Lower Fort Garry National Historic Site and immerse yourself in its unique and varied history with our new outdoor walking experience. Take a stroll through the grounds, watch historical demonstrations and participate in interactive activities led by interpreters.

# St. Andrew's Rectory



## Architectural Importance

The rectory is an example of mid-19th-century Red River architecture. This style, also known as a Hudson's Bay style, adapted Scottish building techniques for the Canadian frontier.

## Year-round Programming

The St. Andrews Heritage Centre, which operates the rectory, has something exciting happening any time of the year. From family-friendly entertainers to arts and crafts to genealogy workshops, there's something fun going on!

## About this site

St. Andrew's Rectory was the centre of religious, political and social decisions from the time it was built in 1854. Its founder, and first resident, was the rector and builder of St. Andrew's Church, Reverend William Cockran. It became the preferred Red River style for wealthy officers of the Hudson's Bay Company who retired to the Red River Settlement with their Métis families in the 1850s.

Today, the Rural Municipality of St. Andrews operates the site and offers guided tours, teas and fun activities and events year-round. Learn more about programming and events at [standrewsrectory.ca](http://standrewsrectory.ca)



## Contact us

374 River Road, St. Andrews

**Web:** [parks.canada.ca/standrewsrectory](http://parks.canada.ca/standrewsrectory)

**Email:** [standrewsmuseum@hotmail.com](mailto:standrewsmuseum@hotmail.com)

**General Inquiries:** 204-339-6396



## Get there

374 River Road, St. Andrews

### By Vehicle

Located just 30 minutes north of Winnipeg, just south of Lower Fort Garry.

From Winnipeg, drive north on Main Street (Highway 9), turn right on River Road (#238), and proceed to St. Andrews Road.

## Try this

### River Road Heritage Parkway Tour

Through the Interlake Tourism Association's River Road Heritage Parkway Tour on Driftscape, learn more about the history of St. Andrew's Rectory through this special self-guided tour.

# The Forks



## Where Our Stories Meet

The history of The Forks comes to life in this hour-long walking tour. Learn the fate of the site's four fur trading posts and hear the legendary stories behind this meeting place.

## Fort Parka

Discover The Forks National Historic Site's playground—Fort Parka! Swing and slide around the playground, and engage in free games and crafts all summer with Parks Canada staff!

## About this site

Located at the junction of the Red and Assiniboine rivers, The Forks has been a meeting place for more than 6,000 years. A tradition that began with First Nations peoples, followed by European traders and the Red River Métis—and later with surges of immigration and rail yards—the history of The Forks tells the dynamic tale of how Winnipeg grew into the beating heart of the continent.

Today, you are bound to encounter inspiring sculptures and stone pictographs as you wander the walking trails of this nine-acre historic site. Whether in the sweet summer heat or the whimsical winter frost, The Forks bustles with events, festivals and activities all year long.



## Contact us

Forks Market Road, Winnipeg

**Web:** [parks.canada.ca/forks](https://parks.canada.ca/forks)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)

**Phone:** 204-785-6050

**Tours:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)



## Get there

### Forks Market Road, Winnipeg

#### By Vehicle

The Forks National Historic Site is located in Winnipeg's city centre and easily accessible by private vehicle.

#### By Bus

Winnipeg Transit offers bus service to The Forks. For more information, visit [winnipegtransit.com](https://winnipegtransit.com)

## Try this

### One Heart, Two Rivers, Four Directions

Through the Parks Canada App, experience an exclusive, self-guided tour at The Forks. Explore Indigenous connections to this historical meeting place, from astronomy to technology, demonstrating how they came to be and why they are still relevant today.



- 1** Canadian Museum for Human Rights
- 2** Manitoba Theatre for Young People (MTYP)
- 3** Travel Manitoba Visitor Info Centre
- 4** The Forks Market
- 5** The Canopy
- 6** Johnston Terminal
- 7** Treaty Relations Commission of Manitoba
- 8** Oodena Celebration Circle
- 9** Manitoba Children's Museum
- 10** Inn at The Forks

- 11** CN Stage and Field
- 12** Parks Canada Orientation Circle
- 13** Fort Parka
- 14** Parks Canada Amphitheatre
- 15** Skateboard Plaza
- 16** Historic Railway Bridge
- 17** Esplanade Riel



Download the free



Parks Canada App

# Riel House



## About this site

Riel House was built in 1880 by Louis' brother Joseph. The house itself is constructed in Red River Frame style, which involves interlacing logs together to create structural integrity, eliminating the need for expensive nails. Designated a national historic site in 1976, Riel House stands as representation of a Red River Métis river lot settlement. Its river lot has particular importance as a symbol of Red River Métis culture in Manitoba.

Visit Riel House in July and August for guided tours and fun community events hosted by the Louis Riel Institute, the Manitoba Métis Federation and Parks Canada.



### Contact us

330 River Road, Winnipeg

**Web:** [parks.canada.ca/riel](https://parks.canada.ca/riel)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)

**Phone:** 204-785-6050



### A Range of Perspectives

Riel House represents the river lot system and explores 19th-century Red River Métis culture, while commemorating Louis Riel as a person of national historic significance.

### Family Artifacts

There are over 800 artifacts on site at Riel House which, with the help of historical interpreters, offer visitors a chance to experience life as it was for the Riel-Lagimodière family in 1886.

## Get there

330 River Road, Winnipeg

### By Vehicle

Located in Winnipeg's St. Vital neighbourhood, Riel House is a 20-minute drive from downtown.

### By Bus

For information on bus routes to Riel House, visit [winnipegtransit.com](https://winnipegtransit.com)

## Try this

### Parks Canada Xplorers

Xplorers booklets are filled with fun activities that will guide your kids through unique Parks Canada administered places, like Riel House! At the end of your visit, make sure to grab an official collectable souvenir be recognized as an intrepid Parks Canada Xplorer!

# Riding Mountain



## About this park



Welcome to 3,000 square kilometers of home to a staggering diversity of living things among the deep silent forests and windswept grasslands.

In the traditional territory of the Anishinaabe people, Riding Mountain National Park is located within Treaty No. 2 territory. Parks Canada works with First Nations from Treaty No. 2, No. 1 and No. 4.

The pristine wilderness will offer visitors of all ages a deep connection to the surrounding landscape. Enjoy an array of beach, town and wildland experiences throughout the year.



### Contact us

Wasagaming, MB

**Web:** [parks.canada.ca/riding](https://parks.canada.ca/riding)  
**Email:** [pc.info-riding@pc.gc.ca](mailto:pc.info-riding@pc.gc.ca)  
**Phone:** 204-848-7275



### Winter Adventuring

Skating paths winding through trees, snowshoe trails over frozen beaver ponds and hundreds of kilometres of tracked ski trails make Riding Mountain your perfect winter getaway.

### Camping and Glamping

Parks Canada oTENTiks and MicrOcubes blend the best of camping with cabin comforts. Serviced campgrounds and backcountry camping are available in boreal forest, grasslands and aspen park.

## Get there

Wasagaming, MB

### By Vehicle

261 km northwest of Winnipeg via Highway 16 and 10. The closest large airport is in Brandon.

## Try this

### Fat Biking

Rent a fatbike from the Friends of Riding Mountain Learning Centre and rip through the scenic trails around South Lake and the Wasagaming Campground.

Or, if you're looking to really take it all in, strap on a pair of snowshoes or cross-country skis!

# Prince of Wales Fort



# Cape Merry Battery



Take a boat across the Churchill River and get a sense of the life of an 18th-century fur trader through a Parks Canada guided tour. This massive stone fort at the edge of the Hudson Bay is what legends are made of.

Churchill, a traditional homeland for Indigenous communities, served as a key outpost for the Hudson's Bay

Company in the 18th century, and later, a critical hub for the grain industry.

Visit Churchill throughout the year to experience Northern Lights, breathtaking wildflowers and a variety of animals in their natural habitat.



The Cape Merry Battery, a stone wall built to protect its cannon from enemy fire, was constructed in 1744 to guard the river and Prince of Wales Fort.

Centuries later, both the battery and its cannon remain, ready as ever to defend the fort and Cape Merry from enemy occupation.

## Contact us

Churchill, Manitoba

**Web:** [parks.canada.ca/princewalesfort](https://parks.canada.ca/princewalesfort)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)

**Tours:** 204-675-8863



## Try this

### Prince of Wales Fort Tours

After passing through its massive gates, explore the fort's towering ruins and take in Cape Merry's stunning coastal panorama leading into Hudson Bay.



## Try this

### Cape Merry Tours

Brisk coastal winds sweep over you as you absorb the history of Fort Churchill and the unfortunate fate of Danish sailor Jens Munck and his fellow crew.



# York Factory



Sitting along the Hayes River, York Factory was a principal base for expansion of the fur trade into Western Canada for over 270 years. With a wealth of 18th century relics like clay pipe stems, axe-heads and rusty cannon balls, York Factory is a surreal step back in time to a previous chapter in Canadian history.

## Contact us

Churchill, Manitoba

**Web:** [parks.canada.ca/yorkfactory](https://parks.canada.ca/yorkfactory)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)



# Wapusk



Named after the Cree word for “white bear,” this remote park represents Hudson-James Bay Lowlands and is home to one of the world’s largest polar bear maternity denning areas. The tundra coastal ecosystem and diverse animal population make Wapusk an important natural laboratory for scientific research from across the world.

## Contact us

Churchill, Manitoba

**Web:** [parks.canada.ca/wapusk](https://parks.canada.ca/wapusk)

**Email:** [manitoba@pc.gc.ca](mailto:manitoba@pc.gc.ca)



## Try this

### Self-Guided Tour

Search out historic graffiti adorning the factory’s wooden walls. Stroll wooden boardwalks over boggy tundra to the ruins of a powder magazine and cemetery.



## Try this

### Wapusk Blog

Since 2021, we have been collecting and sharing stories from those with deep connections to Wapusk. Visit us online at the web link above!





## Parks Canada-inspired picnic ideas

Imagine a warm afternoon, a spread of sandwiches, fruits, snacks and beverages laid out with care on a plaid blanket, friends and family gathering to share a meal and each other's time. Picnics are a picture-perfect addition to a day spent enjoying the outdoors at a national historic site.

While people have dined outside for millennia, the picnic was originally an indoor activity, featuring a potluck style contribution system resulting in a fashionable dinner enjoyed by groups.

Baskets, flatware, and blankets might be a nice addition for anyone wanting to partake in a picnic, but the real essence of the event is the food. Parks Canada suggests these bites inspired by our sites to bring your picnic to the next level.

A sure sign of summer is farm-fresh veggies like those grown in the historic

garden of Riel House. Our spread, pictured below, pays homage to this wonderful initiative led by the Manitoba Métis Federation that grows and shares hundreds of pounds of their edible bounty with Métis Citizens.

You'll want to pack a thermos for an afternoon tea inspired picnic in the scenic greenspace at Lower Fort Garry, pictured above. Just inside the fortified walls of the fort, tea is one thing a Governor's wife would have indulged in, alongside her esteemed guests in the Parlour. Of course, served with biscuits and finger sandwiches, this spread will still hit the spot over a century and a half later.

Read on by visiting [parks.canada.ca/forks](https://parks.canada.ca/forks)



## Functional Fort Fashion

In 1851, fashion in the heart of Canada blended styles of the period with the utilitarian needs of life on the prairies. These articles of clothing are more than they appear.

With its arrow pattern and striking colours, a Ceinture Fléchée could take between 70 and 200 hours to complete, requiring 300 to 400 fine-waxed woolen threads woven together by hand. The final product is beautiful, functional, and an iconic symbol of the Métis culture that endures today.

In 1851, this sash was also the Swiss Army Knife of the fur trade. Fastened at a voyageur's waist, the compression from this wool garment assisted its wearer in lifting heavy objects such as hefty fur bales by preventing potentially deadly hernias. Off the waist, the sash could be used as a tumpline, a tourniquet for injuries or even an emergency bridle : whatever a voyageur might need while traversing the prairies by foot, horse or canoe.

Made from the material from which the fur trade got its name, top hats, also known as Beaver Hats, were the literal height of fashion for men in 1851. Beaver fur, pulled or shaved from the pelt, were put through a multi-step process to mat, bond, shrink, stretch

and dry the fur into a workable fuzzy fabric. From there, the hat could take shape (a shape that sometimes reached heights of 20 centimetres)!

One could argue that the purpose of a top hat is to protect a man's head from the elements, but the hat primarily served the purpose of adhering to social etiquette and denoting status. Not found in commonplace sale shops, a hat of this stature had to be privately ordered and imported from England, making it a very expensive statement piece for upper class gentlemen, who wouldn't be caught without a hat outside.

Read on by visiting [parks.canada.ca/lowerfortgarry](https://parks.canada.ca/lowerfortgarry)



# Map of Manitoba

Parks Canada Administered Places



Churchill

Thompson

Brandon

Winnipeg



- 1 Wapusk National Park
- 2 Riding Mountain National Park
- 3 Riding Mountain Park East Gate Registration Complex National Historic Site
- 4 Lower Fort Garry National Historic Site
- 5 St. Andrew's Rectory National Historic Site
- 6 Riel House National Historic Site
- 7 The Forks National Historic Site
- 8 Prince of Wales Fort National Historic Site
- 9 York Factory National Historic Site

## Follow us

For updates on new activities, outreach appearances and availability for event bookings, visit [parks.canada.ca/manitoba](https://parks.canada.ca/manitoba)

